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Trudeau spreads optimism — what's so wrong with that?
metroVIEWS



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A HERO'S WELCOME

Paralympians hailed upon return from Rio **metroNEWS**

'Paperterrorism': Freemen charged in Canadian first

POLICE

Ticketed man tried to place \$225K lien on officer's property

Ryan Tumilty
Metro | Edmonton

Edmonton Police have laid Canada's first ever charge connected to a "paper terrorism" campaign.

Allen Boisjoli, 45, of Vegreville is charged with intimidation of a justice official.

Police allege Boisjoli attempted to place a \$225,000 lien on a police officer's personal property after that police officer gave him a speeding ticket in May 2015.

They said while others have been charged with intimidation before, they believe this is the first time a charge has been linked to unlawful paperwork.

Det. Rae Gerrard said the documents Freemen present have no legal force, but are meant to

overwhelm people in the system so they drop the case. Freemen or Sovereign Citizens reject the notion that current laws have any force over them.

"The Freemen, and Mr. Boisjoli in particular in this case, they use a plethora of documents that mean absolutely nothing. They're just cutting and pasting from all over the Internet," he said.

The investigation, based in Edmonton as that's where Boisjoli filed his documents, took eight months to complete, but Gerrard said it was worth pursuing.

"When we look at people who are attempting to subvert our entire criminal justice system for their own ends, then we have to see that as very serious," he said.

Gerrard said he hopes the charge sends a message to people who espouse the Freemen ideology. "We have tolerated the Freemen and the Sovereign Citizens to a certain extent and now that level of tolerance has come to an end."

Boisjoli will make his next court appearance on Nov. 7.

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Bill Morneau among names appearing in leaked Bahamian corporate registry. **World**

Price tag of the Olympic dream

Your Olympic Bid Exploration Committee, and how it costs \$5 million to ask: Should Calgary host in 2026?

 **Helen Pike**
Metro | Calgary

In confidential documents, revealed after the city and committee (nicknamed BIDEXCO) signed a funding agreement, details emerged on how exactly the city is spending \$5 million to not prepare a bid, but explore if the city should have one at all.

Spoiler: The largest piece of pie is going towards a "Master Hosting Plan."

According to the report prepared for council by the Calgary Sport Tourism Authority, creating the hosting plan would be a win with or without an Olympic bid.

"Calgary has a deficiency of sport, meeting and entertainment facilities and that some of the existing facilities are nearing the end of their useful lives," read the report. "Calgary's ability to host events and continue its leadership role in winter sport will eventually be compromised — impacting tourism, economic and

REPORT

BIDEXCO will present findings to council first in The Committee will report back to.

A formal budget will be decided on with more precise figures later this fall.

\$5 million is the maximum amount of cash slotted for this endeavour.

Calgary has a deficiency of sport, meeting and entertainment facilities.

Report

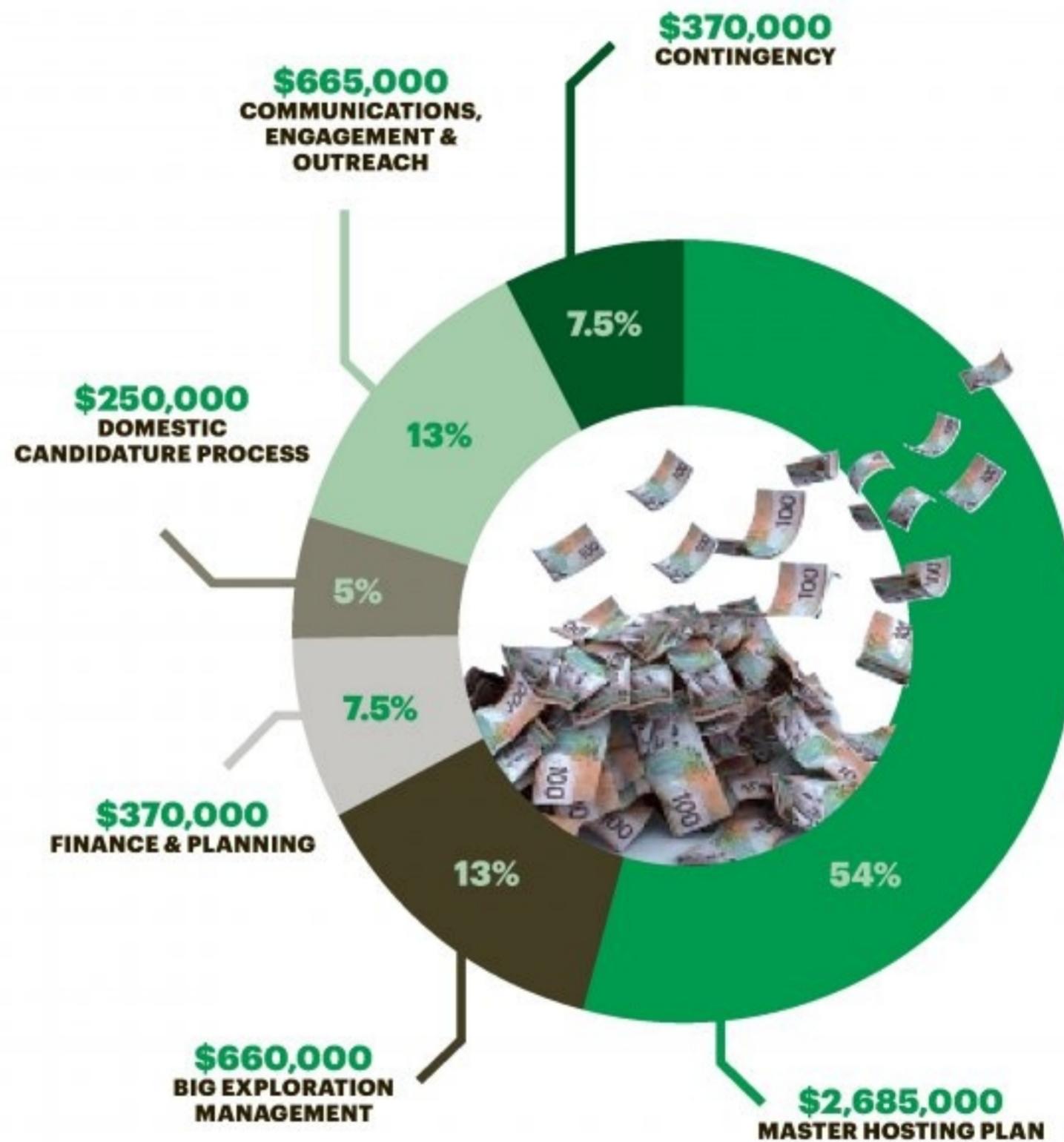
sport development opportunities."

The idea being that a Master Hosting Plan will create a blueprint and help the city keep up their various facilities.

"Our goal is to produce a report that will be of value to Calgarians whether or not the city moves forward with the bid," said BIDEXCO chair Rick Hanson told reporters on Monday. "It will include a thorough review of all related sports facilities, it will help the city plan on how to keep them at their best for all Calgarians."

But where is the money coming from? The Fiscal Stability Fund, sometimes nicknamed the city's "rainy day fund." Council approved a one-time draw of \$4.7 million for BIDEXCO's work and \$0.3 million for support from administration.

The \$5 million budget was set with in-kind donations in mind, hoping to reduce costs to the city by collecting services through donation. And what's more, not all the cash being spent on this will be public dollars. BIDEXCO will try to fundraise up to \$1 million from private corporate and public sector to be used in place of city funds, if available.





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Noon-hour fees get parent riled

EDUCATION

Board explains the \$285/child cost pays for trained staff

Lucie Edwardson
Metro | Calgary

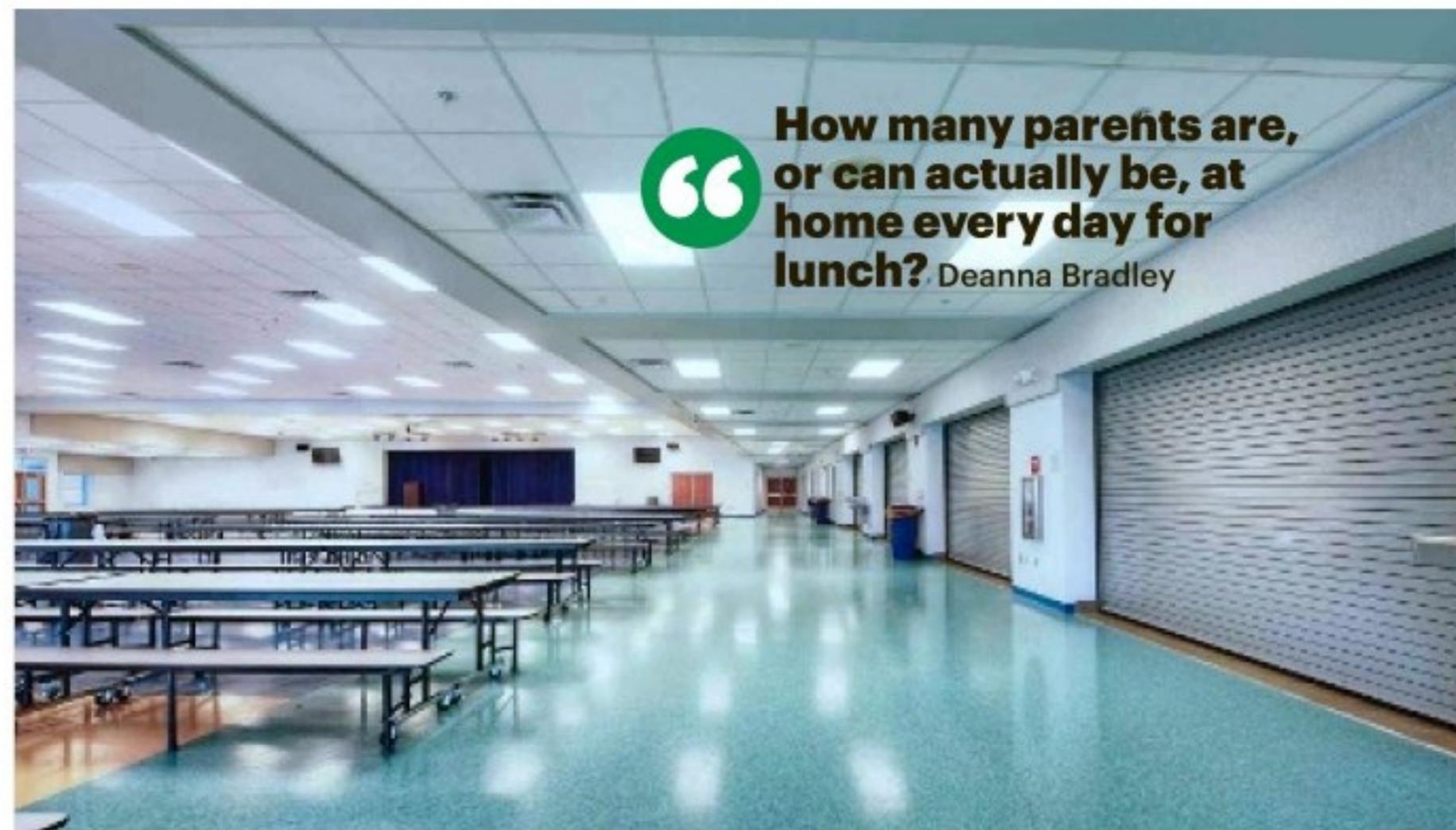
Increasing noon-hour supervision fees from the Calgary Board of Education (CBE) has parent advocates upset — especially because they argue the fee shouldn't even exist.

Deanna Bradley, the parent of a CBE student, said from 2009-11 she never paid noon supervision fees for her kids. Since their introduction in 2012 Bradley said she's seen nothing but a rise in the cost, which has now increased to \$285, more than \$100 from the original price.

Bradley said in charging parents for noon supervision, the CBE is operating on the assumption that kids should go home for lunch each day.

"That is a completely outdated view," she said. "How many parents are, or can actually be, at home every day for lunch?"

According to the CBE's financial results document for the 2014-15 school year, 48,120 elementary school children stayed at school for lunch



Staff of a formerly parent-operated lunch-hour program are now part of a bargaining unit. iSTOCK

(which was 94 per cent of CBE elementary school kids).

The CBE document indicates that the program, which uses unionized employees who work two hours per day, cost \$10.5 million in salaries and benefits.

"Why are the teachers and staff — the support staff in a school — why aren't they working lunch hours on a ro-

tational basis and keeping a third-party unionized worker out of the equation?" asked Bradley.

In an email to Metro, the CBE said prior to the 2001-02 school year, the CBE had a mixture of staff association and parent-operated lunchroom programs and that as of May 2000, employees of parent-operated lunch pro-

grams became part of the staff association bargaining unit.

Darlene Unruh, director for CBE area two, said unlike parent-volunteers, the CBE lunch supervisors are trained in first aid and can address the complex needs and allergies of student.

"With that comes a system of training, understanding, and protocols that are across

our system for all students," she said.

Bradley said in comparing the CBE lunch program to Edmonton Public School Board's noon-hour service, she found that parents who pay for trans-

portation are exempt for noon supervision fees, and found in an August 2016 job posting that supervisors were simply paid \$20 a day.

GOVERNANCE Serve the province, sit on a board

The Alberta government is casting a wide net to find people to serve on agencies, boards, and commissions.

Finance Minister Joe Ceci announced Wednesday the province has launched a new website to inform people about the boards, including a way for Albertans to apply for positions.

Ceci said under the former Progressive Conservative government, job openings were only reported piecemeal among select groups of people, resulting too often in "insiders recruiting other insiders."

Ceci said the new process will deliver a stronger, more representative pool of applicants. Applicants will be vetted and shortlisted by a panel of government and industry officials to ensure the best candidates are found.

More than half the government's budget is spent by arm's-length agencies boards and commissions. The lion's share of that is by Alberta Health Services.

"It is imperative that we have good people directing that work," said Ceci.

The website is part of a broader reform plan undertaken by Premier Rachel Notley's government to determine if taxpayers are getting value for money for the boards, and to make board salaries and recruitment practices fairer, more open, and transparent. The website is boards.alberta.ca.

THE CANADIAN PRESS

It is imperative that we have good people.
Joe Ceci

INVESTIGATION

One dead in Banff National Park tour bus crash

Jeremy Simes
For Metro | Calgary

Two tourists were taking photos Wednesday morning when a tour bus struck them at the Castle Mountain viewpoint in Banff National Park, killing the woman while severely injuring

the man, according to Alberta RCMP.

At 9:52 a.m. Wednesday, EMS, RCMP, park rescuers and STARS were called to the Castle Mountain viewpoint, located between Banff and Lake Louise, for reports of the crash.

RCMP say a woman, 53, died on scene while the man, 55,

was transported to hospital via STARS Air Ambulance.

RCMP said the 16-seat tour bus hit the tourists, who were standing in front of the bus, and later rolled into the Bow River.

EMS couldn't say how many people were on the tour bus, but said there were no injuries to passengers.

It isn't clear if the driver was in or out of the tour bus when it began to roll, RCMP said, adding officers will investigate whether the driver erred or if or if it was mechanical failure.

EMS said nobody was treated on scene, as the injured individual was immediately driven to Banff and then flown to the

Foothills Medical Centre thereafter via STARS.

RCMP couldn't say where the pedestrians were located on the lookout point when the crash occurred.

The bus remained submerged in the Bow River and tow trucks have been called to pull it out of the river.

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A common-law couple was shot at their Redstone Manor home Tuesday night. CPS said the female victim was known to police for gang-related activity. JENNIFER FRIESEN / FOR METRO

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Double shooting linked to gangs

CRIME

Victim's five-year-old son was in car but not injured

 **Lucie Edwardson**
Metro | Calgary

Two people are dead following an apparent gang-related shooting Tuesday night, and Calgary police are asking anyone with information to come forward.

Insp. Don Coleman of the CPS Homicide Unit said the incident took place around 8 p.m. Tuesday. Police were called to a home in the 0-100 block of Redstone Manor NE, after receiving reports of shots fired.

Coleman said officers found one man dead and a woman in life-threatening condition. The woman was transported to hospital with a police escort,

but later died of her injuries.

A five-year-old boy, the son of the female victim, was found in the car, but wasn't injured in the shooting.

"Several family members were inside the home when the shooting occurred and have been spoken to by homicide investigators," said Coleman. "It's unknown if whoever is responsible knew the five-year-old was in the vehicle at the time of the incident. He left the vehicle and entered the home at the same time those inside were coming out."

Coleman said the female victim is known to police and this shooting is believed to be gang related.

"The female victim has a lengthy history of being involved with a number of criminal networks in the city," he said.

The man, 38, was found dead in the front passenger seat of the car parked inside the attached garage. The female victim, who was 34, was found on

the driver's side. Coleman said the victims were in a common-law relationship.

Autopsies on the victims were scheduled for Wednesday. Their names will be released once this is completed, Coleman said.

Police continue to seek information from the public regarding suspects in this case. No suspect descriptions are available yet and reports of a white minivan being sought in connection with this incident are inaccurate, said Coleman.

He said those involved in gang-related activity looking for a way out should speak with police.

"There is only really two ways out — police assisted or what happened last night," said Coleman.

Anyone with information is asked to contact police by calling 403-266-1234, or the Homicide Unit Tip Line at 403-428-8877. Tips can also be left anonymously by contacting Crime Stoppers.

CRIME

Ex-Alberta Party candidate charged with child luring

Allegations of Internet luring and sexual assault involving an underage girl have led Airdrie RCMP and ALERT's Internet Child Exploitation (ICE) to arrest and charge a Calgary man.

According to RCMP, on Sept. 14, they responded to a teenage girl's complaint of sexual assault.

RCMP said the underage girl had met the suspect through social media, where he identified himself as a 34-year-old man named 'George.' They began communication via a cellphone app, and arranged to meet in Airdrie, where the alleged offences occurred.

With the information provided, the Airdrie RCMP liaised with Calgary ICE and did an undercover operation in order to obtain further evidence.

Investigators have identified the suspect as 45-year-old Terrence Lo of Calgary. He was arrested Wednesday by the RCMP outside an Airdrie restaurant, where he allegedly resisted arrest but was eventually detained without further incident.

Through con-



Terry Lo previously ran provincially for the Alberta Party and also was formerly a riding board member for the Wildrose.

METRO FILE PHOTO

8

The number of charges Terry Lo is facing, including child luring, sexual assault and abduction.

firmation from Calgary ICE, Metro has learned that Lo previously ran for office provincially for the Alberta Party. He resigned after making a "priest and rabbi joke." Before that, Lo was a riding board member for the Wildrose party, but re-

signed because he believed it was being controlled by a bigoted minority.

Lo is facing eight charges including child luring, sexual assault and abduction. He has been released from custody with conditions, including not communicating with anyone under 18 and is scheduled to appear in court Oct. 6.

LUCIE EDWARDSON/METRO

Empty hospital space stays that way

FENTANYL CRISIS

Health Ministry not prepared to create detox facilities with it

Jeremy Simes
For Metro | Calgary

Though there's about 22 NHL-sized hockey rinks of empty space sitting in Calgary's major hospitals, the province is reluctant to immediately develop it for detox purposes as demand for treatment beds remains high with Alberta's fentanyl epidemic.

Earlier this month, Alberta Liberal leader Dr. David Swann urged the government to call a state of emergency over the growing number of Alberta's fentanyl-related deaths. He suggested empty hospital space could be used immediately to treat more addicts.

The empty space, known as "shelled in space," can be developed, "but would require a significant amount of work to make it usable treatment space," according to Alberta Health Ser-

vices (AHS).

The space is enclosed by an exterior building shell, but unfinished inside.

It also allows for future development to expand services and programs depending on needs, AHS said, adding the practice makes economic sense and saves tax dollars.

There is currently an estimated 35,167 square metres of shelled in space at Calgary facilities, which includes 7,750 square metres at the Peter Lougheed Centre (PLC), 2,940 square metres at the Foothills Medical Centre McCaig Pavilion, 15,377 square metres at the South Health Campus and 9,100 square metres at Rockyview General Hospital.

In total, that would equal to about 6.6 NFL football fields.

On Wednesday, MLA Swann again said the government should call a public health state of emergency over the fentanyl crisis.

He said the shelled space is a good example of resources available that don't require significant additional spending.

"It is shocking we have this kind of room for beds and treatment while people are dying on the street," Swann said.

However, Associate Minister Payne said the government works closely with AHS to make the best use of the shelled space by addressing needs considered most critical by local communities.

Though Payne didn't provide any specific future plans to turn shelled space into detox space, AHS said proposed plans for its future use include a short-stay mental health unit at the PLC.

Other proposed plans at the PLC include the expansion of the emergency department and ambulance bays, and the development of the hemodialysis unit, laboratory and pharmacy facilities. Payne also highlighted the government's \$17 million it spent on addictions treatment, spaces and counselling, an increase of \$3 million compared to previous years.

"We know we're dealing with a health crisis with fentanyl," she said. "and we need to work together to combat this crisis."

There have also been more than 400 reported opioid-overdose reversals via naloxone kits, Payne added.

"That's more than 400 families who are not losing a loved one," she said.



Associate Health Minister Brandy Payne says more than 400 naloxone kits have been used to reverse opioid overdoses.

COURTESY GOVERNMENT OF ALBERTA

35,167 sq m

Amount of unfinished hospital space in Calgary. That's almost 7 football fields, space Liberal MLA David Swann suggests be used for detox beds.

50

Medical detox beds opened since February or announced across Alberta. Of those, three Protection of Children Abusing Drugs Act beds were added at Hull Services, reducing wait times to one day from 13 days.

240

Additional people are expected to access to treatment and counselling for opioid dependence thanks to a \$3 million provincial grant to AHS.

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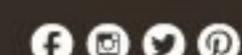
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INDIGENOUS EDUCATION

Lodgepole a 'safe haven' for students

**Jennifer Friesen**
For Metro

Amid a floor-shaking drum circle, the Alberta College of Art and Design (ACAD) welcomed their brand new Lodgepole Centre on Wednesday.

It took "two years in the making and five years in the thinking," according to Daniel Doz, president and CEO of ACAD, but an old print media studio has finally been converted into a space promoting indigenous cultural education, engagement and collaboration.

"To see this dream become a reality, this is the day that we've been waiting for," said Casey Eagle Speaker, a member of the ACAD Elder Council.

ACAD's indigenous student population is 11.2 per cent, which is the largest of any urban post-secondary campus in Alberta. The new venue is intended to foster that community and invite the entirety of the school to share in the culture and history of the land ACAD stands on.

"The ministry of education systems have failed the indigenous community on a number of fronts," said Robyn



Surrounded by students and staff, the Turning Rob Drum Group celebrated the opening of the Lodgepole Centre with a drum circle. JENNIFER FRIESEN/FOR METRO

Luff, MLA Calgary-East, who joined Wednesday's celebrations on behalf of Government of Alberta. "In particular, a failure to foster indigenous cultural pride and identity."

Through the support of the Government of Alberta and Suncor Energy Foundation, the space will provide educational programming, a room for traditional smudging, student support and a quiet space for all students and staff.

The ACAD Elder Council gave the Lodgepole Centre its name to signify the supportive nature of the lodgepole, which stands in the centre of a teepee and keeps the structure strong.

"That's what we're looking for," said Eagle Speaker. "That the Lodgepole Centre will create that safe haven for all people. It's not designated for one race of people.... Our belief is that we're all human beings."

The idea for the centre was borne from ACAD's indigenous students, who told Doz and the institution what they needed. Now, Doz says he plans to keep the project growing, adding that he sees the centre's launch as "just the first phase of a longer project."

Province investigates mental health budget

POST-SECONDARY

Advisory panel to report on future funding for schools

**Helen Pike**
Metro | Calgary

Although the government has touted their latest re-announcement of budgetary money for post-secondary mental health initiatives, it's still unclear what's in the future for funding students and institutions hold crucial.

In comes the Advisory Panel on Post-secondary Mental Health.

The panel is made up of various stakeholders: post-secondary institutions, students, Alberta Health Services, Canada Mental Health Association and governmental representatives.

The group will deliver on future funding, how to implement funding and an accountability framework — all deliverables due before the next budget is released.

"It's really awesome to see the government is concerned enough that they're willing to make a panel that's going to decide the fate of this funding," said Council of Alberta University Students (CAUS) chair Dexter Bruneau.

Bruneau said his group wants the government to adopt a per-student model for funding, and hopes the panel will be able to see the benefits of having stable funding at each institution.

"Then each institution can respond to their student capacity," said Bruneau.

In 2013, the government put forward \$10.3 million in targeted mental health funding for ad-



Alberta post-secondary students are awaiting a permanent funding plan from the provincial government that will guide future decisions on mental health programs. METRO FILE

We want to know what we need to do as a government to make sure that mental health resources are available. Marlin Schmidt

vanced education. As that money was running dry, the NDP government committed \$3.6 million in the latest budget.

Advanced Education Minister Marlin Schmidt said funding will end summer of 2017, so the advisory panel will look to what campuses have been able to produce with past funding.

"We want to know what we need to do as a government to make sure that mental health resources are available to students on campuses all across the province on an ongoing basis," said Schmidt. "It's my hope the panel will look at what's worked, and what hasn't, and make sure the money we're spending on

mental health resources has the maximum effect."

Schmidt said students have been passionate about mental health programs and he's "taking them at their word" that the programs are working and improving lives on campus — but the panel is ultimately tasked to show the government the tangible results.

Bruneau said if institutions see mental health funding cut, they may have to cut the services built up over three years.

"It needs to be sustainable and long-lasting," said Bruneau.

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Jennifer Brown and Alister McQueen chat after their arrival at Calgary International Airport. MATHEW SILVER/FOR METRO

Rio bravo

PARALYMPICS

Two athletes bring home medals from Rio Games

Mathew Silver
For Metro | Calgary

Air Canada flight 117 was carrying some precious cargo.

When the plane touched down Wednesday morning, it was carrying some of the Calgary athletes and coaches that represented Canada at the Rio

2016 Paralympics, along with two of Canada's 29 total medals from the Games.

The medals were hardly the focus, however, as the athletes were swarmed by their friends and families upon arriving at Calgary International Airport.

Jennifer Brown, who represented Canada in discus, was overcome with emotion when greeted by her brother. She broke into tears when opening up a small blue greeting card from her family, and reflected on the Olympic experience.

"Truly one of the best sporting experiences and life experiences I've ever had," she said.

Stefan Daniel, who brought

home a silver medal in triathlon, had his buried in the bottom of his travel bag. They made them check their bags yesterday, he reasoned. When he finally dug the medal out, he was sandwiched by his grandparents.

"We couldn't be more proud," said his grandmother.

The athletes had a short layover in Toronto, before flying the final leg to YYC International. For some of them, like javelin silver medallist Alister McQueen, it had almost been a month away from home.

His parents waited anxiously for his arrival, and talked about seeing him win the silver. "It

was pretty surreal at the time. We weren't expecting it — hoping obviously — but not expecting it," said his mother Cheryl.

Jennifer Oakes (sitting volleyball) and Chad Jassman

(wheelchair basketball) seemed relieved to be home after nearly 15 hours of total flight time. Oakes' team finished in seventh place, while the highly touted wheelchair basketball team ended with a disappointing 11th-place finish.

Canada finished 13th in the medal count at the Games, with eight gold, 10 silver and 11 bronze. That number puts them just two short of their total from the London Games.

MUSIC

DJ stops show after getting spit on

British DJ Duke Dumont ended a show in Edmonton mid-song last weekend after being spit on by audience members.

"I'm sorry, guys, people up here are spitting on me, throwing drinks at me," Dumont said, in a video posted online and now viewed more than 200,000 times.

Dumont, best known for his 2014 song Need U (100%), was in town to play a show at

Union Hall last Friday.

He was in the middle of a set when he cut the music and addressed the crowd.

"I'm sorry, I'm off. I know you guys paid good money, but I don't get paid enough to get spit on," he said, in the video.

Before exiting the stage he challenged the spitter to come down and face him: "If you're man enough to spit, you're man enough to come

down here."

No one came down.

The crowd booed as Dumont apologized to "99.9 per cent of you" and ended his show.

In a Facebook post promoter Blueprint Alberta said though they were disappointed Dumont had to cut his set short, they "stand with Duke's decision 100%."

"We believe in respecting

I don't get paid enough to get spit on.
Duke Dumont

each other always, and anything less will not be tolerated at our events."

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Underground 12 Avenue Green Line option put back on table

TRANSIT

City committee approves \$1.95B alignment under the Bow River

Helen Pike
Metro | Calgary

Calgary's Green Line is living up to its costly budget as councillors warm up to going all out on the "city shaping" project.

On Wednesday, the Transportation and Transit committee meeting agenda's goal was to update council on the Green Line project's achievements in the past quarter and approve the most expensive option to get the train across the Bow River — by tunnelling under it.

But conversation was derailed slightly by the appetite to discuss another detail: considering 12 Avenue underground

alignment through the Beltline.

Although several councillors, including the Transportation and Transit meeting chairman Shane Keating, underlined concerns about overspending in the core, the motion passed.

"Every time we talk about another project, we're saying, skip the outlying areas work on the density in the core, so they can go five or six blocks," said Keating, noting he may be overly biased on the topic. "But those who have to go a distance, well, they're on their own ... we're not willing to say there are other needs in the city."

But Woolley noted his motion wasn't about making a final decision on the underground option.

"We need to be conscious of the mobility challenges of us not looking at this," said Woolley. "By having an at-grade as well as underground option for 12 Avenue we can have a better look at the transporta-

tion challenges."

That motion passed.

"As with the downtown alignment, it's critical the city makes the right decision for today and for tomorrow," said Peter Oliver, president of the Beltline Neighbourhood Association. His group was happy to see council respond to concerns and get an analysis of the underground 12 Avenue option back on the table.

"Getting the alignment wrong in the Beltline has the potential to negatively impact other travel modes ... through the Centre City including Macleod Trail, which so many Calgarians depend on to get downtown," said Oliver.

In the meeting that dragged on for over eight hours, the committee also made a milestone decision: to agree that the \$1.95-billion under-the-bow option is in the city's best interest.

Final say will go to council on Oct. 3.



A rendering of an underground Green Line station planned for the Beltline area.

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Indigenous grad rates expected to go up

EDUCATION

We still have a ways to go, says minister

 **Lucie Edwardson**
Metro | Calgary

Alberta's education minister said rising high school com-

pletion rates — specifically for First Nations, Metis and Inuit (FNMI) students — encourages him, and he anticipates numbers to remain on an upward trajectory.

In the 2014-15 school year 76.5 per cent of all students completed high school in three years, while only 50.2 per cent of FNMI students did the same in three years.

David Eggen, minister of

education for Alberta, said although numbers have slowly been creeping up over the last few years (in 2010-11 they were 42.3 per cent for FNMI students), he expects to see big jumps in numbers from last school year and into this one.

"We're seeing quite significant increases and we fully expect to see more because of adjustments we've made in regards to being more flex-

ible in high school and credit initiatives we've set up with colleges around the province," he said.

Eggen said although an upward trend is good, it's still not where he'd like to see FNMI student completion rates.

He said programs like the Calgary Board of Education's grad coach program for FNMI students are seeing positive results.

"It's not acceptable, but the trend is up right. There is a range of best practices that are starting to pay off," he said.

"We still have a ways to go with a 50 per cent graduation rate. In my long range business plan I have a goal to have those numbers be the same, right, so that there is no differentiation over time."

Right now, Eggen said he's focused on the things they're

doing right to bring numbers up. He said in general, success of our education system is about three things: attendance, graduating and moving on to post secondary.

"If I can see upwards trends in each of those three areas then probably we'll have a better-educated population that's more suited to meet the needs of a more diverse economy and that is more resilient," he said.



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Derek Beaulieu, with editing partner Rob McLennan, collected excerpts from 33 Calgary poets and fiction writers. CONTRIBUTED

LITERATURE

Book covers 2 decades of influential writers

 **Aaron Chatha**
Metro | Calgary

Calgary has an international reputation for building strong writers.

If that comes as a surprise to you, previous Calgary poet laureate Derek Beaulieu has a few words for you — words that come in the form of his new book, *The Calgary Renaissance*.

"Sometimes, the people who live here don't realize what a hub we actually have, and how we've shaped and continue to shape and respond to the communities and history of the city," he said.

So Beaulieu reached out into Calgary's communities and put together a 180-page book, filled with poetry, prose and writing excerpts from 22 poets and fiction writers. It covers two decades of Calgary literary works.

Highlights include the work of Helen Hajnoczky, the author of two works of poetry. Her most recent is a tour through

the Hungarian alphabet, where she writes a personal response to every letter.

In the *Calgary Renaissance*, she presents a feminist re-writing of a T.S. Eliot poem.

"It's fabulous," Beaulieu explained. "It retains all the structure and illusions of Eliot's original, but recasts it in a way that makes the poem vital, new, exciting and interesting again."

"I think Helen's work really stands out as a vital part of the community."

Equally exciting, according to Beaulieu, is Susan Holebrook, who uses poetry to interrogate how language forms opinions, and can shape discussions.

"Everybody in this book really shows not only exceptional writing of poetry and fiction, but also a group of people who have been engaged with shaping the community," Beaulieu said. "Being an author in the city also means being a communitarian and being involved in the development of space."

The book can be ordered through your local bookstore.



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Calgary | metro NEWS



Dione Mascarenhas' company, D Buzz Group, has exclusive rights to distribute in western Canada and the Pacific Northwest.

JENNIFER FRIESEN/FOR METRO

Company could gain from drywall tariffs

CONSTRUCTION

Fire-resistant Dragonboard stands to see uptick in sales

 **Brodie Thomas**
Metro | Calgary

Builders in Alberta say they're alarmed by a new tariff on drywall imposed by the Federal government earlier this month, but one Calgary company is hoping their drywall alternative will find the silver lining in this cloud.

Dione Mascarenhas is the president of D Buzz Group — a Calgary-based distributor for Dragonboard.

The product is similar to gypsum-based drywall but is instead made from magnesium oxide and magnesium chloride.

What's different is that it's non-flammable, with a two-hour fire rating. It also stands up to water and is mould and mildew resistant.

If the tariffs stay in place, Mascarenhas expects business to pick up.

"It will have a huge impact on us in a positive way. Our product is always a bit higher in price than drywall, but normally a builder who wanted to use the

product wouldn't care."

She said the product has become more common in larger commercial builds as well as condominiums. However she's hoping to break into the smaller residential home market.

"It's the residential clients who are a bit resistant because it's their end user who would be paying a higher price for something. But now it would make more sense for them to use our product versus drywall."

She said given the product's fire rating, it could have a huge appeal to those rebuilding in Fort McMurray.

The Canada Border Services Agency imposed preliminary tariffs on Sept. 6 on U.S. gypsum

board imported into Canada for use in British Columbia, Alberta, Saskatchewan, Manitoba and the Yukon and Northwest Territories.

A spokesman for Canada's largest independent gypsum supplier said the tariffs undermine the stability of the industry and could impact the rebuilding efforts in Fort McMurray, where thousands of buildings were destroyed by fire earlier this year.

"If we can't get enough material to ship into the province of Alberta, then as Fort McMurray stands, it would be affected like everybody else," said Doug Skrepnek, chief executive officer at WSB Titan.

WITH FILES FROM THE CANADIAN PRESS

TSUUT'INA

Trail will bear name of my nation: Chief

Tsuut'ina Nation Chief Roy Whitney announced that the southwest portion of the Calgary ring road will bear the name of his nation — The Tsuut'ina Trail.

Whitney shared the news at the Canadian Club of Calgary, where he was the keynote speaker for a luncheon Tuesday.

The Tsuut'ina nation reached a land transfer agreement with the province in 2013 that would

see the nation give up 425 hectares of land to be used for completion of the southwest ring road in exchange for \$340 million dollars and 2,150 hectares of land elsewhere.

Metro reached out to the provincial Ministry of Transportation for confirmation on Chief Whitney's announcement, but there was no response by deadline.

BRODIE THOMAS/METRO

CRIME

Police arrest man wanted in shooting

Police say a man wanted in a northwestern Alberta mall shooting that injured three people has been arrested.

Grande Prairie RCMP had issued an Alberta-wide warrant for 23-year-old Liban Musse, whom they described as armed and dangerous.

He was arrested at a hotel in northwest Calgary early Wednesday.

Police have said two groups

of men got into an altercation near the food court at the Prairie Mall last Thursday and someone fired a gun, seriously injuring one man.

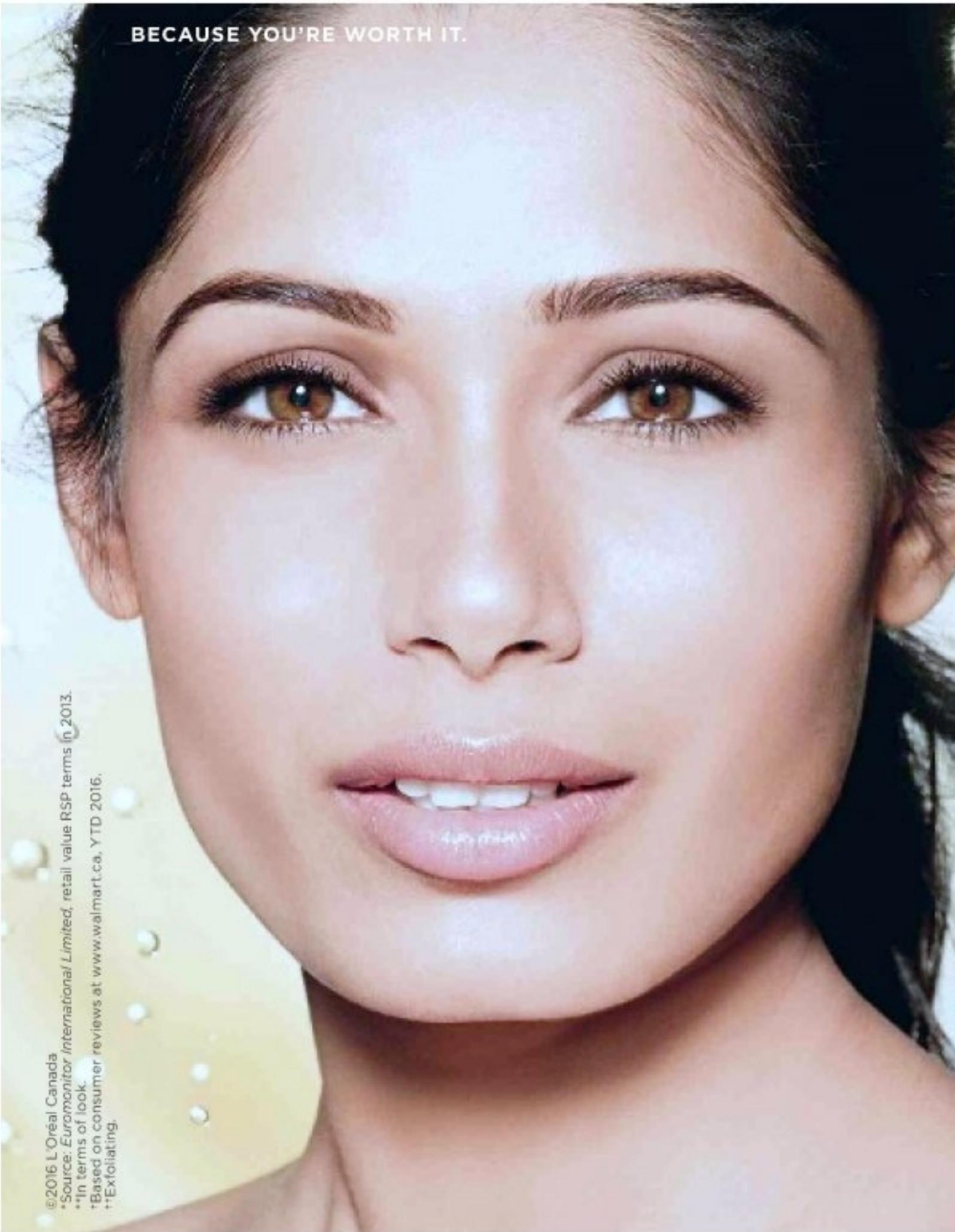
Two innocent bystanders at the mall with their children were grazed by the bullet.

Musse faces several weapons-related charges and is to appear in court on Monday.

THE CANADIAN PRESS

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Calgary comedian Cory Mack said the best comics from the city will join A-list performers on stage at YYComedy. COURTESY CORY MACK

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YYComedy focus on home talent

HUMOUR SHOW

Farmers' daughters and neighbours make laughs

 **Aaron Chatha**
Metro | Calgary

What did the toilet say to the other toilet?

You look flushed.

If that's the calibre of humour you love, then look no further than the pages of the Metro! But for Calgarians who want a bit more out of a standup routine, the annual YYComedy show is putting the spotlight on the city's silliest performers.

"We celebrate the local Calgary community," said organizer and local comic Cory Mack. "About 140 comedians live in Calgary, raise their kids here, pay their rent and make their mortgage like anyone else. We want to connect those folks

with their peers across North America."

In addition to renowned guest performers like Brent Butt, Janeane Garofalo and the Kids in the Hall, many of the performers are like Mack — who has been performing for about 27 years, but said many Calgarian's haven't seen her on stage.

It's not due to lack of presence — but she's hoping YYComedy will encourage Calgarians who don't usually frequent comedy clubs to check out some of the talent in their backyard.

For her type of comedy, Mack prefers a clean approach.

"Oh, I'm a farmer's daughter," she laughed. "I've written my act for people throughout the prairie, Western provinces. It's very story-telly. It's, I guess, observational but relatable to the struggles you have as a parent, as a daughter, as a wife — who I am."

Compare that to Calgarian Noor Kidwai — look him up online and you'll find jokes comparing men in relationships

to used cars and not having to move during birthday sex.

This year the festival has added a short films contest, in an ongoing effort to provide something for everyone at YYComedy.

Kidwai, who's currently touring his act through Europe, said his performance at last year's festival was likely the best he's ever done.

In an age where an comedian's jokes are easily searched on YouTube, he said there's something different about attending a live show.

"When you're in the audience, it sinks in that this is live and anything can happen," he said. "Great comedians can tap into that and become one with the audience, and it's really just something that you have to experience."

"You feel the energy of the comic and the audience around you, that you just can't get from television."

The YYComedy festival runs Sept. 26 to Oct. 1.

For more information, visit www.yycomedy.com.

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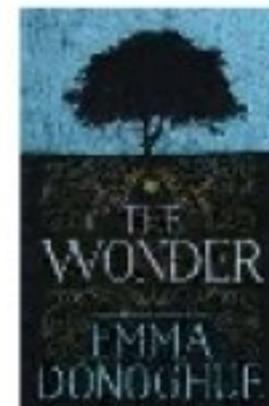
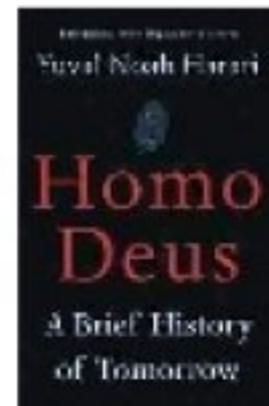
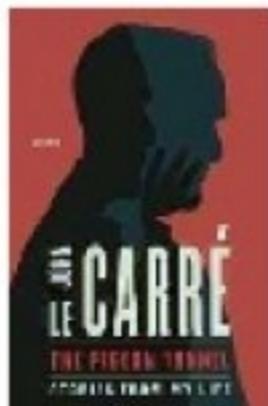
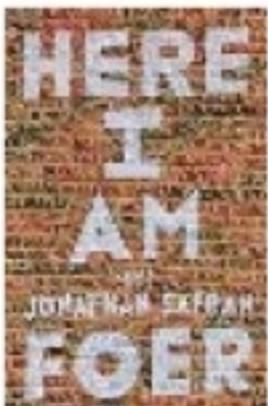
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Constable recognized for mentorship work

CULTURE

Local officer wins National Youth Justice Policing Award

 **Josie Lukey**
For Metro | Calgary

When Calgary police Const. Jeremiah Stump moved to the city, he soon realized he was forgetting his indigenous roots and something needed to change.

Stump is now being recognized for his key role in the Indigenous Team of the CPS' Youth at Risk Development program, where working with a social worker he incorporates cultural teachings while creating opportunities for youth to connect with their cultural roots.



Suffering a brain aneurysm in February, Const. Stump said that all throughout his recovery he was excited to go back to work.

JOSIE LUKEY/METRO

Stump is the 2016 recipient of the Minister of Justice National Youth Justice Policing

Award.

"For me, I love this gig. I grew up on the reserve, came

to the city, and had strong mentors, but they weren't indigenous. So you kind of forget where you come from," said Stump who added he knew the impact of his work watching the excitement on the faces of the kids at a round-dance.

Last February, Stump left his role after suffering a brain aneurysm while playing hockey with work friends. After several months of therapy, Stump said he woke up every day looking forward to going back to work and was blown away when he found out he won the award.

"Mentoring these youth as a job, I couldn't ask for more. It's not really work," said Stump.

The Youth Justice award celebrates innovative policing that serves to inform police and the community about creative responses to youth crime. It is awarded to police officers who take innovative approaches in responding to, preventing and reducing the rate of youth crime.

MY HEALTHY GUT

City app aids those with Celiac disease

It was almost three years ago Jocelyn Holland found out she had full-blown celiac disease, so she scoured the dark crevices of the Internet looking for any information about it.

Holland, is one of many celiacs who felt overwhelmed looking for information about the autoimmune disease — that is, until My Healthy Gut was available to download.

"You had to dig. You have to memorize this huge list of words I didn't understand of chemicals in foods that

features evidence-based meal plans and recommended supplements, information about celiac and gluten intolerance, a whole food database and a food-log journal.

For Dowd, who was diagnosed with celiac six years ago, journaling her diet and symptoms were important to figure out the cause of her digestive issues.

"When you're writing it down on paper, you don't always have it with you. Your phone is always with you, so I'd start these journal logs

 **When you're writing it down on paper, you don't always have it with you.** Dr. Justine Dowd, App Developer

could contain gluten so I was so confused," said Holland.

My Healthy Gut, developed by Dr. Justine Dowd of the University of Calgary's Health and Wellness Lab serves to solve this issue by busting gluten-free misconceptions and bring support to those with celiac disease or with gluten intolerance. The app

and then forget about them. (Keeping track) just didn't happen, so it just really motivated me to make this," said Dowd.

The app is available free to download, but additional features, like journaling are available only through purchase.

JOSIE LUKEY/METRO

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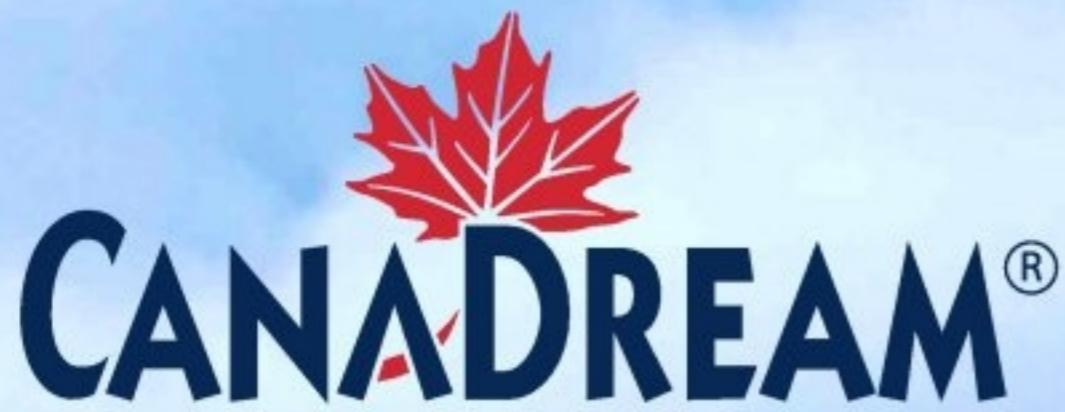
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FIRST NATIONS CHILDREN

Move past the rhetoric, advocate pleads

More must be done to improve the lives of young people in First Nations communities, Justin Trudeau conceded Wednesday, even as he refused to acknowledge an outstanding human-rights decision.

The prime minister was asked why his Liberal government has yet to comply with orders from the Canadian Human Rights Tribunal on the delivery of child welfare services on reserves.

No government has done more to repair the relationship with indigenous Canadians, replied Trudeau.

The tribunal decision found that the federal government was discriminating against First Nations children in its delivery of child welfare services on reserves.

It is time to move past political rhetoric, said Cindy Blackstock, executive director of the First Nations Child and Family

Caring Society.

In 2007, Blackstock's organization and the Assembly of First Nations argued that the government had failed to provide First Nations children the same level of welfare services that exist elsewhere, contrary to the Canadian Human Rights Act.

"The government needs to comply with the legal orders and end this discrimination for children — and if they do

that, there will be no further need for court," Blackstock said Wednesday. While it can issue legally binding orders, the tribunal lacks any enforcement tools, which is why Blackstock's group had asked the Canadian Human Rights Commission to register the tribunal's decision with the Federal Court — a possible precursor to contempt proceedings against the government.

THE CANADIAN PRESS



This sketch illustrates the position of HMS Terror at sunrise on July 14, 1837. LIBRARY AND ARCHIVES CANADA/TORSTAR NEWS SERVICE

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Disease not to blame for failure: Study

FRANKLIN EXPEDITION

Deaths likely from injuries while hunting, study suggests

While the wreck of HMS Terror has historians hopeful for evidence of what led to the demise of the Franklin expedition, Scottish researchers suggest accidents and injuries — not widespread illness — may have led to the disproportionate number of officers' deaths.

The Terror, which was dis-

covered in the Arctic on Sept. 3, was one of two Royal Navy ships that set out in 1845 on the ill-fated quest led by Sir John Franklin to find the Northwest Passage to Asia. The other ship

— HMS Erebus — was located in September 2014 in the Queen Maud Gulf, along the central Arctic coastline.

Medical factors such as tuberculosis, scurvy and lead poisoning have previously been presented to explain the loss of the ships in the Arctic when they became trapped in thick ice and all 129 crew members died. But a study out of the University of Glasgow says the deaths were probably a result of injuries sustained while officers were hunting for wild game on foot in a harsh climate over difficult terrain.

"It's such a significant part

of both Canadian and British history," said Keith Millar, the lead researcher of the study.

"There's quite a lot of uncertainty about the events that occurred around the time when the crews had to abandon their ships in 1848. The problem with the Franklin crews is they didn't come back," he said. "We know they all died, but we know so little objectively first-hand of what actually went on."

As none of the ships' formal logs, including medical journals kept by ships' surgeons, are known to have survived, Millar and his team studied the "sick books" of nine Royal Naval ships sent to search for the Franklin after it was lost.

Since the search ships were similarly equipped to those of the Franklin expedition, the team studied the causes of illnesses and deaths that occurred among the search crews, whose medical records are kept in the national archives in London, England.

From examining 1,500 separate cases that listed medical conditions on the search ships, the researchers concluded some of the crew would have suffered from symptoms of scurvy and lead poisoning, but not to a scale that would threaten the expedition.

TORSTAR NEWS SERVICE



We know they all died, but we know so little objectively first-hand of what actually went on.

Keith Millar

Remembering during the first blizzard...
is a bit too late



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Wireless emergency alerts could come soon

PUBLIC SAFETY

Association says it would take a year and \$25M to establish system

Mobile phone alerts warning Canadians of life-threatening emergencies in their area could be available within two years, wireless industry representatives say.

A version of the mobile alerts, in place in the United States since 2012, was used on Monday to warn New York-area residents of Ahmad Khan Rahami, the 28-year-old suspected in pair of weekend bombings.

New York Mayor Bill DeBlasio said afterwards the mobile warnings were "very helpful in this instance, getting that message out broadly, putting everyone on alert."

The alerts are similar to brief text messages, explaining in fewer than 90 characters what the emergency is and what action,



A mobile emergency alert was sent to New York area residents, warning of a man suspected in two local bombings. TORSTAR NEWS SERVICE

if any, should be taken. Users receive a visual notification on their screen and a ring that is specific to emergency alerts — if their cellphone's sound is on.

The Canadian Radio-television and Telecommunications Commission (CRTC) is examining the possibility of wireless public emergency alerts warning Canadians of severe weather, emergencies involving crime, as well as environmental or industrial threats.

After each message, recipients

were asked to complete a survey about their experience. The final test alert was sent Wednesday.

Data collected during the pilot project will be turned over to the CRTC and a working group of federal and provincial emergency officials, who will determine the next steps, said Tyler Cashion, owner of a telecom business contracted to help lead the test program.

The Canadian Wireless Telecommunications Association, which represents Bell, Rogers, Telus and nearly 100 other wireless carriers and technology firms, said the public alerting system should be mandatory for all Canadian wireless carriers.

A handful of federal departments are funding a pilot project in Durham Region to gauge the technical function of, and user response to, the alerts.

Beginning in April, approximately 20 mock alerts were sent to designated group of mobile users, comprising about 100 emergency responders, students, small business-owners and people with special needs such as hearing impairment.

After each message, recipients

Cheeky smuggling case wrapping up

Haley Ritchie
Metro | Ottawa

After being arrested, Lawrence was forbidden from communicating with the staff at Ottawa Gold Buyers on Carling Avenue, where he sold the stolen pucks for cash.

In the end it wasn't the mint's security system that caught Lawrence, according to an Ottawa Citizen report, but an observant bank teller who was suspicious of the gold checks. When she saw he worked at the mint, she notified the RCMP.

Defence lawyer Gary Barnes was incredulous that Lawrence would be able to fool the intense security system at the mint. Since the investigation, those security systems have been updated, according to spokesperson Christine Aquino.

Surveillance tapes, wire transfers, Lawrence's financial records and a "vaseline cocoa butter jar" were all submitted as evidence during the trial, according to spokesperson Christine Aquino.

IN BRIEF

Teacher faces hearing for alleged vulgar comments

An Ontario high school teacher is facing a disciplinary hearing for allegedly making of inappropriate comments to students. According to a document from the Ontario

College of Teachers, English teacher Jennifer Elizabeth Green-Johnson repeatedly made obscene comments to students, asking a teen to "lick me where I fart" and calling a student a "bloody pedophile."

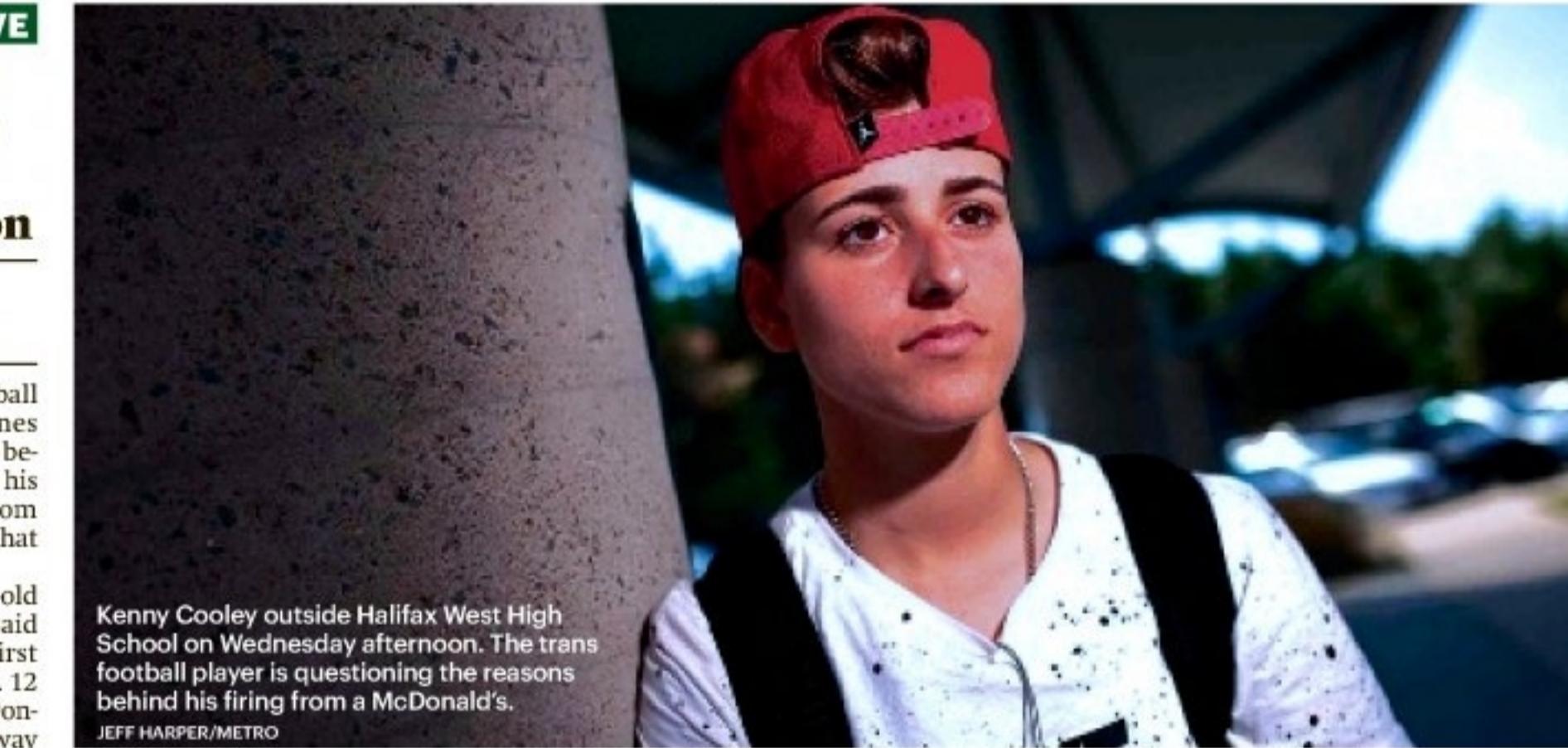
REBECCA WILLIAMS/METRO TORONTO

It 'wasn't a good feeling'

metronews EXCLUSIVE

Trans football player says job lost in part to media attention

Haley Ryan
Metro | Halifax



Kenny Cooley outside Halifax West High School on Wednesday afternoon. The trans football player is questioning the reasons behind his firing from a McDonald's. JEFF HARPER/METRO

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The Power to Surprise

1 tax haven, 3 banks, 2,000 offshore companies

A new leak of tax haven data lists firms that may be legitimate, but the sheer number has drawn the attention of watchdogs concerned about the relationship Canada's banks have forged with island tax havens

TORSTAR NEWS SERVICE

Three of Canada's big banks have registered nearly 2,000 offshore companies and private foundations in the Caribbean tax haven of the Bahamas, according to newly-leaked corporate records obtained exclusively in Canada by the Toronto Star and the CBC/Radio-Canada.

RBC, CIBC and Scotiabank appear conspicuously throughout the database of 175,500 corporate registrations on the island nation, which has earned an international reputation as one of the most secretive financial jurisdictions in the world.

According to the data, RBC registered 847 companies, CIBC registered 632 and Scotiabank registered 481 in the Bahamas between 1990 and this past May.

The leaked records provide details behind the intimate relationship Canada's banks have forged with island tax havens over the past five decades.

There are legitimate reasons for setting up corporations offshore in traditional tax havens. And there is no evidence of any illegal activity in the corporate registration records, which were obtained through a leak to the International Consortium of Investigative Journalists (ICIJ).

The Bahamas is the worst of the worst. Mark Morris

and German newspaper *Süddeutsche Zeitung* and shared with the Toronto Star and the CBC.

"Why are there so many companies registered and such a high volume in a jurisdiction that doesn't have the population base or the economy to support it?" asks Richard Leblanc, a corporate governance expert and professor at Harvard and York Universities.

All three banks defended their Bahamian business by saying they employ strict controls and monitor accounts to detect any sign of illegal activity.

The Bahamas has been a particular concern for international watchdogs.

"The Bahamas is the worst of the worst," says Mark Morris, an independent tax consultant based in Zurich who specializes in international tax agreements.

Unlike 103 other countries, including well known tax havens, the Bahamas has, to date, refused to sign a global treaty that the OECD calls the "most powerful instrument against offshore tax evasion and avoidance."

For over a century, Canadian bank executives have played

an instrumental role in shaping the banking laws in tax havens, said Alain Deneault, a professor at the Université de Montréal and author of *Offshore: Tax Havens and the Rule of Global Crime*.

Starting in the early 19th Century and right through to the establishment of the modern offshore system in the 1960s, Deneault says, "Canadian banks customized the legislation in Caribbean tax havens for their purposes: they are states made to allow large companies and wealthy individuals to avoid paying tax."



Bill Morneau ADRIAN WYLD/THE CANADIAN PRESS

Canadians in the Bahamian registry

Federal finance minister William Morneau and mining giant Sherritt International are among the prominent Canadian names that appear in the leaked Bahamian corporate registry.

Both say their choice to operate in the Bahamas was for legitimate business reasons.

Morneau, who was elected to Parliament last October, currently appears as the director of a Bahamian subsidiary of the human resources firm he headed before being elected. Cabinet ministers, like all MPs, are forbidden from sitting on corporate boards by the Conflict of Interest Act.

Morneau's office provided documents showing he resigned as director of Morneau Shepell (Bahamas) Ltd. on Oct. 26, 2015 — a week after the election and nine days before he was appointed Minister of Finance. Almost a year later, Morneau's resignation has still not been recorded in the Bahamian corporate registry due to clerical delays.

"Prior to being sworn-in

as Minister of Finance, he officially resigned from all boards and has worked with the Ethics Commissioner to ensure all conflict of interest rules are followed," says a statement from Morneau's spokesperson.

The statement adds: "Minister Morneau is committed to ensuring that all Canadians pay their fair share of taxes, as he has always done."

Catherine Ronberg, a spokesperson for Morneau Shepell, said the Bahamian subsidiary was not established to avoid taxes. The company set up an office in Nassau to extend their pension consulting business to governments across the Caribbean.

Sherritt International, a mining and energy company, has made no secret of its reliance on tax havens. Any change in the laws and agreements that allow this money to flow from the tax havens to Canada tax-free would have "a material adverse effect on the Corporation's financial performance," it states.

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CHANTAL HÉBERT ON THE PM'S RETURN TO THE HOUSE



If one were to rate a prime ministerial news conference based on its shock value, the one Justin Trudeau gave on the occasion of his return to the House of Commons for the fall session of Parliament on Wednesday would not be worth grading.

Trudeau was last in the House in June. If anything has happened over the ensuing months to alter the prime minister's thinking on some of the major files the government has punted to the fall, he was not out to share that over the 20 minutes he spent answering two dozen media questions pertaining to the fall agenda.

With upcoming negotiations on health-care funding and climate change mitigation on the agenda, the federal-provincial front is expected to heat up over the next few months. Trudeau's season-opener was not designed to pre-emptively cool provincial passions.

Provinces such as Saskatchewan or Quebec, whose governments are becoming increasingly vocal in protest over federal intentions on carbon pricing in the first case and health-care funding in the other, will parse the transcript of the prime minister's news conference in vain for the shadow of an olive branch being extended in their direction.

The Trudeau government has never shied away from publicizing its actions, but it's no more averse than its predecessors to doing so selectively

Trudeau did not have a strong message to deliver to Parliament as it gets down to fall business, except possibly to hint that MPs and senators should not expect to have more than cameo roles in the policy developments of the coming season.

Nor did Trudeau have a strong message to deliver to Parliament as it gets down to its fall business, except possibly to hint that MPs and senators should not expect to have more than cameo roles in the policy developments of the coming season.

In opposition, Trudeau re-

In theory, the latter should be a no-brainer. Jean Chrétien introduced take-note parliamentary debates (which carried no vote) on Canada's peacekeeping missions in the mid-1990s. On Stephen Harper's watch, parliamentary votes on Canada's military deployments then became a

hiding newsworthy developments in plain sight or dumping them in the public domain in the dead zone of a late Friday afternoon.

At his news conference and in question period, the prime minister had to defend his decision to negotiate an extradition treaty with China. After his visit to China, that change in Canadian policy was publicized — without fanfare — on the government's website. It had been a long-standing Chinese demand that previous governments turned down on the basis of Beijing's poor human rights record.

On Wednesday, Trudeau gamely pointed out that Canada already had extradition arrangements with other countries — most notably the United States — that uphold capital punishment. He said his government would never agree to extradite someone who would, as a result, risk execution. He did not get into the somewhat different U.S. and China takes on what constitutes the rule of law.

If there was a point to Wednesday's news conference, beyond allowing the Prime Minister's Office to tick off a box on its media relations' to-do list, it may have been to lay out a Canadian rationale for the controversial extradition-treaty negotiations ahead of the arrival in Canada of Premier Li Keqiang later that day.

He is the first Chinese leader to come to Canada since 2010. If the issue comes up over the course of the single joint news conference of the three-day visit, Trudeau will be able to respond that the question was asked and answered.

Chantal Hébert is a national affairs writer. Her column appears in Metro on Thursdays.



Prime Minister Justin Trudeau answers a question during Question Period on Wednesday. ADRIAN WYLD/THE CANADIAN PRESS

peatedly promised to make Parliament more relevant than it had been under his Liberal and Conservative predecessors.

He must hope the House will be a more easygoing place than it has been traditionally, for he has just handed the task of keeping the government on track in the Commons to a parliamentary rookie.

He could have used the press conference to throw a bone to the opposition parties. They have been calling for the peacekeeping mission(s) that Canada is expected to sign up for over the next few months to be put to a vote in the Commons.

But on Wednesday, the prime minister twisted himself into a pretzel to avoid providing a clear answer as to his intentions.

ROSEMARY WESTWOOD

Cheese may not be your dish of choice but it's a lot better than poison

Prime Minister Justin Trudeau's UN speech this week held two opportunities: His, to impress the world with a Canadian-branded optimism (he did), and the media's, to tear down his sunny rhetoric (they pounced).

But I have a question for all those painting the speech as "boy scout" fluff: Are you mad that it was unspecific, that it was positive, or that, in reality, Trudeau's walk is far behind his talk?

The first and last gripes are valid. The middle is not.

Sure, Trudeau's got higher-minded words than on-the-ground results thus far. "No government in history has done more to repair the relationship with First Nations," Trudeau told reporters yesterday. To which Vice's Justin Ling responded: "Chill."

With the backslapping, sure. But with the goal? Of course not. Of course that should be the aspiration.

Maybe you don't believe Trudeau actually wants to make the world a better place. Maybe you don't think he can.

But for God's sake, how can you possibly argue against the goal? How can you wish for a prime minister who isn't so blatantly in favour of human decency? What is supremely irritating about commentary around Trudeau's speech is not that journalists might point out where he is failing to meet his own standards; it's in their sneering suggestions that it's ridiculous to even try.

Of course you can't blindly

trust any government. And in so many ways Trudeau is disappointing — in the Saudi arms deal, in long delays in bringing in refugees, in aiming no higher than Stephen Harper on climate change.

But have we no nuance? Have we lost all sense of degree? Do you really want someone running this country who doesn't believe Canadians can help the world? So why are you searching for a puke bucket when our leader says we can? Cheese might not be your favourite, but it's a lot better than poison.

Cutting down Trudeau's optimism with abandon leaves the door open for rhetoric far more perverse and far more damaging. In the U.S., reporters are struggling with the fact that in so thoroughly ripping Hillary Clinton's past to shreds they've made it harder to see that she is, despite her serious and many flaws, not even in the same stratosphere of terrifying as Donald Trump, who has received scrutiny but less than his share.

Again, it's the inability to deal in degrees. To communicate what is rotten, without suggesting that what's half-spoiled is comparable to what's already a gooey decomposing mess. It's the inability to take seriously what might actually do us some good in a candidate, or leader.

Trudeau's failures are and will be well documented, as they should be. But that is no reason to cackle as we vandalize the things he's doing right.

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Making the Pitch for pro sports

OPINION

New Fox series could make or break hopes of female athletes

Amber Dowling

Torstar News Service

In a world where women tennis players are often included in "Hot 100" lists and a Google Image search of the Women's National Basketball Association turns up a "pretty players" category, female athletes are still severely under-represented. Ignored, even.

Things are slowly improving. Women's soccer and hockey teams have started gaining momentum thanks to strong North American Olympic runs. There are now female coaches in the NFL and NHL. And this summer, baseball players Kelsie Whitmore and Stacy Piagno were signed to the Sonoma Stompers; the first time a woman was admitted to the MLB since three women played in the 1950s Negro Leagues.

But it's on television where real change may be happening. This fall, female athletic representation on TV kicks up a notch thanks to the new Fox series *Pitch*, from creators Dan Fogelman (*Crazy, Stupid Love*) and Rick Singer (*Younger*).

It premieres Thursday at 9 p.m. on Global.

The show, which is already getting a lot of pre-premiere

buzz, revolves around Major League Baseball pitcher Ginny Baker (Canadian Kylie Bunbury). In the pilot she's called up to the big leagues for a highly publicized debut but gets into her own head and buckles under the massive pressure.

"It's one thing to be the team that called up the first woman," actor Mark Consuelos says in the pilot. "It's another thing to be the team that picked the wrong woman and turned this entire thing into a disaster."

The sentiment could apply to Fox itself, which took a risk investing in a series about a female ballplayer. If it tanks in the ratings, there are those who would argue that females don't belong in "male" sports in general.

It's that sort of reasoning that makes *Pitch*'s critical and ratings success key for female athletes itching for future opportunities.

In the past there have been a small handful of series revolving around women in sport (*Make It or Break It*'s gymnasts vying for the Olympics or the short-lived 1993 sitcom *Phenom* about a 15-year-old pro tennis player, for example). But they've tended to focus on teenage audiences rather than being more encompassing adult dramas. That could be why none of them have garnered the type of publicity that *Pitch* has received, a feat that automatically ups the ante come premiere time.

Unfortunately, the pilot does have its kinks. While Bunbury is perfectly cast as the lead and has obviously spent time nailing the mechanics of throwing a base-



Canadian Kylie Bunbury stars as Major League pitcher Ginny Baker in Fox's new series *Pitch*, which premieres Thursday at 9 p.m. CONTRIBUTED

ball, her origin story could use some work. There's too much emphasis on her father (actor Michael Beach) driving her to succeed and not enough focus on her own motivations and desires. This is a woman who has supposedly grown up loving the game; it's important to showcase that joy and not drown it in a political statement.

Co-star Mark-Paul Gosselaar has done a great job ditching his Zack Morris persona thanks

to a heavy beard (he's unrecognizable), but there are hints at a spark between his character and Ginny that threaten to derail the whole thing. If we're trying to get away from sexualizing female athletes, throwing a romance into the mix doesn't exactly jive. Not to mention it plays into the idea that women can't just be buddies with male teammates.

But for all the kinks, there's a solid foundation that could ac-

tually make a difference in public perception about women in sport and baseball in particular.

Pitch includes naysayers who believe women shouldn't mix with men in the pros. At the end of the first hour, the antagonists have been painted as chauvinistic and ignorant.

Having MLB behind the series helps, as it allows for the use of real uniforms and logos to lend the series authenticity. Future instalments are expected to fea-

ture cameos from real-life ball stars, something that helps build excitement with baseball fans.

Ginny Baker isn't the hero of each game (in some cases she's the goat), but she's a full-fledged team member who has become a hero to many watching her.

If this is indeed "a true story on the verge of happening," as the show's tag line suggests, having a well-rounded character at the centre can help prep an audience for a real-life milestone.

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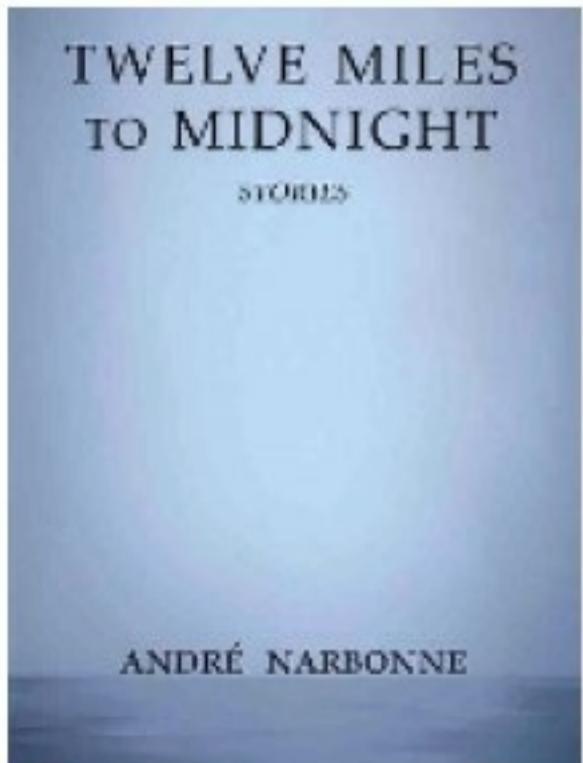
SHORT FICTION DEBUTS YOU NEED TO GRAB NOW

From the shores of an island in Northern Ontario to tip of the Mojave Desert and the fringes of modern society, these are five first-time collections published in recent months (including a Giller nominee) that are grabbing a whole lot of attention. TORSTAR NEWS SERVICE



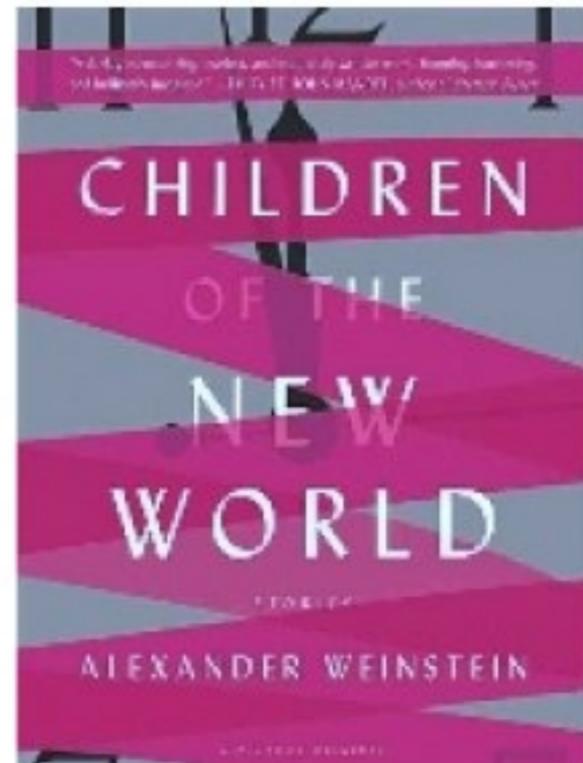
1 Travel

Kirsteen MacLeod's engaging debut, *The Animal Game*, features nine stories linked by their central characters, a Toronto woman and her Brazilian partner, Antonio. The other constant is travel — to Brazil, where they live for a time, to Canada, the Bahamas and to India, where the female narrator seeks enlightenment. MacLeod, from Kingston, writes with insight and affection.



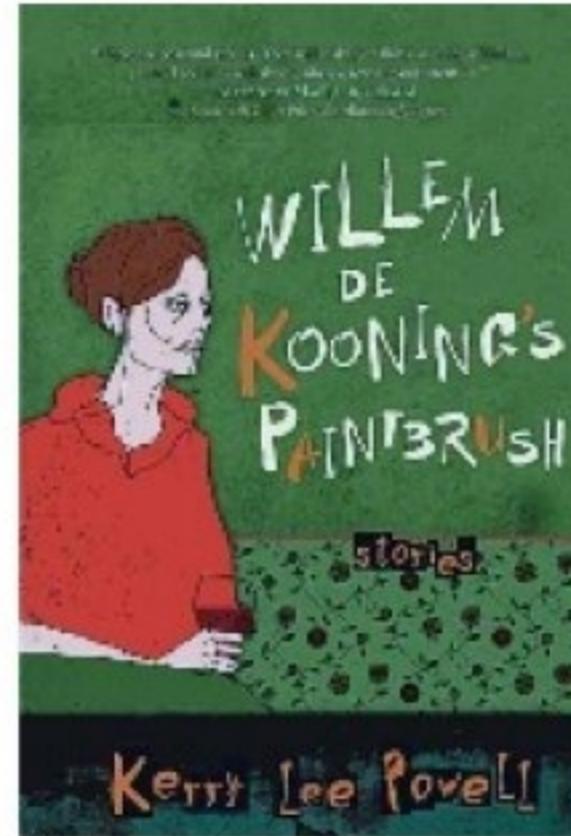
3 Growth

A number of the stories in **André Narbonne's** first collection *Twelve Miles to Midnight* are about a youngster named Derek who comes with his mother to live on an island in Northern Ontario. Narbonne writes authentically and acutely about moments in his characters' lives. A former marine engineer, he teaches English and writing at the University of Windsor.



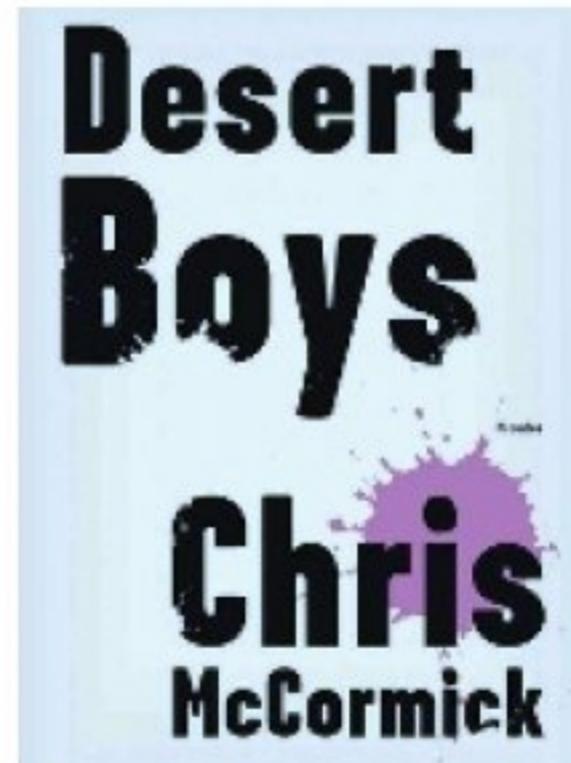
4 Sci-Fi

Science fiction of the highest order — that's the only way to describe **Alexander Weinstein's** *Children of the New World*. The "New World" of the title story is a downloadable reality where visitors experience intense physical connection. Weinstein is the director of the Martha's Vineyard Institute of Creative Writing.



2 Fringe

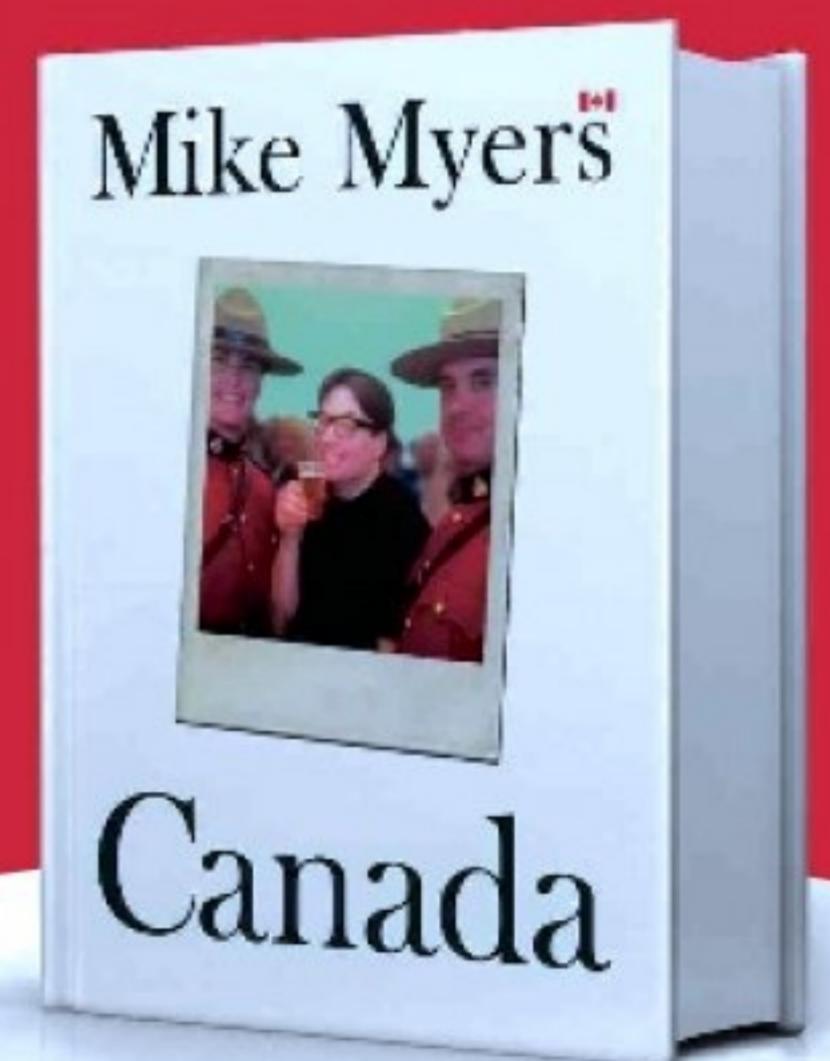
The men and women who inhabit the vivid and quixotic stories of **Kerry Lee Powell's** collection *Willem de Kooning's Paintbrush* are often grasping the fringe — strippers, bullies, drunks, addicts. Even when they hold it together, their lives are off-kilter. This 15-story collection is on the longlist for the 2016 Giller Prize.



5 Coming of age

The connected stories in **Desert Boys** combine to form a classic coming-of-age story, set mostly in two California locales that **Chris McCormick** knows well: the Antelope Valley, the western tip of the Mojave Desert, where McCormick grew up; and San Francisco, where he studied at UC Berkeley.

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McBride goes back to the big, bold city

INTERVIEW

Irish writer's second novel a tale of growth and transition

Sue Carter
For Metro Canada

When Eimear McBride's debut novel *A Girl is a Half-Formed Thing* burst onto the scene in 2013, it was immediately lauded for its radical style and subversive story. But for McBride, this wasn't an overnight success.

Despite the international best-seller status, the critical fanfare declaring the Irish writer a modern-day James Joyce, getting this book published was no small feat. McBride was only 27 in 2003 when she completed the manuscript about a young woman's relationship with her dying brother, written in a fractured style that played with structure, grammar and narrative. Despite the stack of rejections, McBride persevered; 10 years later she found a publisher willing to take a risk on such a challenging read.

Meanwhile, in 2007, three years after completing *A Girl is a Half-Formed Thing*, McBride started working a new novel. She hadn't written since then; it took time to get her "writing muscles back in working order." While her first book only took six months to write, *The Lesser Bohemians* — which was inspired after McBride and her husband moved back to Ireland from London — took nine years.

McBride, who hails from a small Irish town, was very homesick for her adopted city, and began thinking a lot about when she first arrived in London as a teenager during the 1990s to attend drama school. It was the heralded decade of "Cool Britannia," of Britpop bands like Blur and Oasis and the emergence of artists like Damien Hirst and designer Alexander McQueen.

"It was a very particular atmosphere at that time. There was a lot of things going on, a lot of change, and also for myself," McBride says. "When you're in your late teens and you move away by yourself for the first time, you have tremendous romanticism for life in the big city."

The *Lesser Bohemians* gets deep inside the head of 18-year-

old Eilis, a teenager from a small Irish town, who after arriving in London to attend drama school, meets Stephen, an older theatre actor of some renown, and engages in a volatile love affair. Though the novel is far from autobiographical, McBride was inspired by her own memories.

"It's such a huge moment in life when you start making decisions that will affect the rest of your life and the person that you will become," she says. "It's very powerful and you're also very vulnerable, but you don't realize that until much later in life. As a teenager you have all these emotions and your mind is racing but you don't have any sense of perspective."

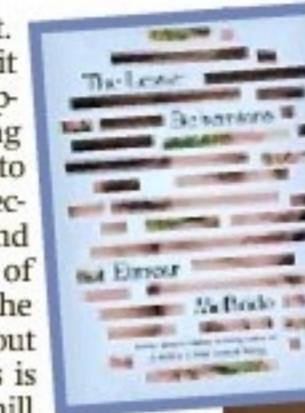
The *Lesser Bohemians* tracks the relationship between the two characters mostly through their physical relationship. Each sexual encounter is described in explicit detail, but always through Eilis' stream of consciousness, whether she is exhilarated by the experience, or devastated by jealousy. When asked about whether writing sex scenes are a challenge, McBride laughs, acknowledging the pitfalls — no author wants to end up on the Literary Review's annual Bad Sex

in Fiction shortlist.

"I approached it the same way I approach everything else. I knew it had to be about the connection of the body and the internal life of the characters," she says. "Writing about physical activities is pretty run of the mill. But when the sex is there to express character, there to help the reader learn more about who these people are, then that's the point it becomes interesting."

McBride was aware that she was setting up an archetypal relationship — a naive young woman falling for an older, sexually experienced man — but she bursts that paradigm by giving Stephen a long monologue that will both shock and build empathy, once again playing with readers' expectations. "For me, it's about finding the humanity in those situations," she says. "This is not just one of those stories, and he's not just one of those guys."

Sue Carter is the editor at Quill & Quire magazine.



Eimear McBride's new novel took her back to her own early days in London in the "Cool Britannia" era. THE ASSOCIATED PRESS

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GRAPHIC NOVEL

Quiet wit, stark art prove charming

Mike Donachie
Metro | Canada

Mooncop
BY: Tom Gauld
PUBLISHER: Drawn and Quarterly

Tom Gauld's charming graphic novel *Mooncop* is understated, subtle, and a little treasure.

The unnamed hero is, unsurprisingly, a police officer on the Moon. But his duties are few and his pressures are likewise: everyone is leaving, and he is sad.

Drawn in a stark, simple style, this book is an easy but rewarding read. It's full of satisfying gags, like a dog in an air bubble and a malfunctioning doughnut dispenser, but, weirdly, almost nothing happens.

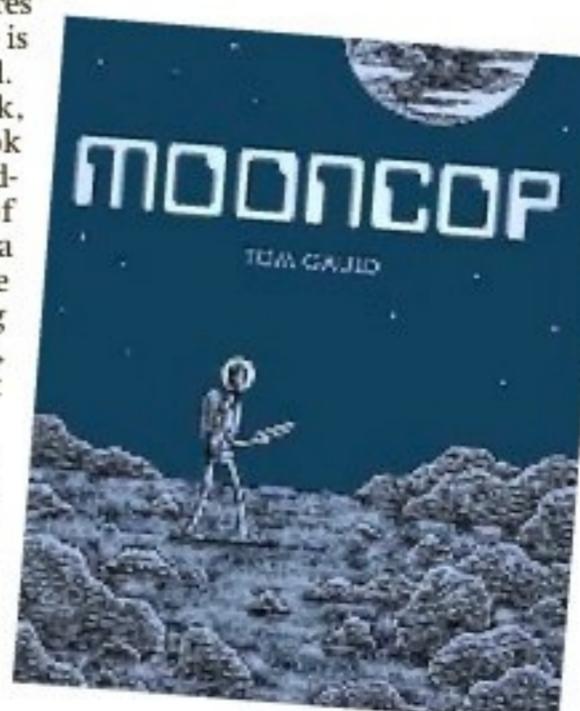
The real value is in the nothingness, much like the vacuum of the Moon itself.

The mooncop drifts through life, apparently unable

to understand why everyone isn't like him and largely unconcerned.

Gauld, perhaps best known for his strips published in *The Guardian* newspaper, uses a simple palette in colour and illustration, along with dry humour and matter-of-fact storytelling.

This treatise on the value of solitude and silence will make you enjoy just sitting alone to read it.



BOOK BRIEF

Ralph Lauren working on memoir, scheduled for next fall

Ralph Lauren, one of the giants of modern American fashion, is working on his autobiography.

Simon & Schuster told The Associated Press on Wednesday that it will release the book in fall 2017, in conjunction with his company's 50th anniversary. The book is currently untitled.

"His style is instantly recognizable to even the most casual observer, a triumph of business savvy and esthetic sensibility that is unmatched anywhere," Simon & Schuster CEO Carolyn Reidy said in a statement.

"How Ralph Lauren's business became the epitome of American style is one of the great cultural stories of our time," added Simon & Schuster publisher Jonathan Karp.

Famed for his company's polo-pony motif, the 76-year-old Lauren has combined Americana, ruggedness and refinement to create an upscale look and a lifestyle known worldwide.

THE ASSOCIATED PRESS

NEW BOOK

An atlas that curates the world's oddities



The skull of a 7-foot, 6-inch giant at the Mutter Museum in Philadelphia, one of the offbeat recommendations included in **Atlas Obscura**. AP PHOTO/RUSTY KENNEDY, FILE

An elf school in Iceland. A hospital for falcons in the Middle East. A museum in Kansas City for artwork made from hair.

These are the types of attractions featured on the **Atlas Obscura** website, a fan favourite among curiosity-seeking travellers. Now the site is bringing its geeky and magical world of wonders to the printed page.

The new **Atlas Obscura** book offers a sampling of 700 of the website's 10,000 curious attractions, from a pile of rocks in Butte, Montana, that makes bell-tone rings when struck with a hammer, to the skulls and body parts on display at Philadelphia's Mutter Museum.

AtlasObscura.com was launched in 2009. Today it has over 5 million unique visitors a month and 12 million page views, along with over 120,000 registered users. But it's not the type of travel site that features infinity pools, five-star hotels and tasting menus. Instead, you're more likely to find macabre historic landmarks, mysterious natural wonders or odd cultural phenomena, like a Swedish university's collection of plaster-cast noses or Las Pozas park in Mexico, a subtropical garden filled with Surrealist sculptures.

The book, out Tuesday, is published by Workman, the company that published 1,000 Places to See Before You Die. Work-

man is billing **Atlas Obscura** as a "bucket-list guide to over 700 of the most curious, unusual, off-the-beaten-path destinations from around the globe." Cover blurbs include this from Lena Dunham: "Atlas Obscura may be the only thing that can still inspire me to leave my apartment."

Why take **Atlas Obscura** out of the virtual world and onto the printed page? "There is nothing like a book," said Dylan Thuras, who founded the site with Joshua Foer. "It's hard to explain to people exactly what **Atlas Obscura** is, so we just felt like it would be so nice to distill this into a beautiful, physical object and be able to hand it to someone. Open it to any page and hopefully it gives people a sense of joy and wonder. For me, having worked in the ephemeral medium of the internet for so long, to hold something in my hand and say this is the result of years of work, it feels satisfying."

Thuras said the process of winnowing the website's 10,000 entries down to 700 for the book was painful because so many favourites had to go, but he sees the volume "as a kind of entry point. The hope is that someone unfamiliar with what we're doing might see the book and suddenly something clicks, that the world is full of these incredible magical places."

THE ASSOCIATED PRESS

Girl power is a real thing

INTERVIEW

Writers bear witness to young women's strengths today

The modern lives of young women seem bleak when viewed through the lens of media — victims of cyberbullying, unfair dress codes, sexting gone awry — but that's only one side of the story.

Girl Positive, from writers Tatiana Fraser and Caia Hagel, shines an encouraging spotlight on North American girls.

The writers travelled from Toronto to Whitehorse, Detroit to L.A. to hang out with real girls. The result is an in-depth look at how young women view the world, coupled with "survival kit" advice for the adults on how to spark conversations, question cultural stereotypes and support girls' leadership.

This interview has been edited for clarity and brevity.

You spoke to dozens of girls and women for the book. Any memorable experiences?

TF: Travelling to Wemindji (Cree Nation in northern Quebec) was really special. We flew from Montréal in a very small plane in the wintertime. It was a really profound meeting with girls in quite a remote community who are living with the realities and impacts of colonization and residential schools. At the same time, we also heard about their inspiring movements and leadership for change that are rooted in reclaiming their culture and traditions.

CH: We also took a trip to Detroit, which was wonderful too. On the first night we were there, we met a bunch of girls from a local volleyball team

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GIRL POSITIVE

TATIANA FRASER
AND CAIA HAGEL

"This is a call to action. We're trying to inspire girls to let's get involved." — SOPHIE GREGOIRE TRudea



I believe deeply that women have a really important role to play in co-creating the world.

Tatiana Fraser

at the Y. They were laughing about sex. We asked them, 'Well, have you had sex?' And they said, 'No!' — they'd never even had an orgasm. What was interesting was, we got to see again that the whole narrative about girls being wilder today and more promiscuous isn't true. Girls aren't having

more sex today than in our day, or our mothers' day — it may be even less.

You also wrote about how girls experimenting with sex digitally can actually be a good thing. Why is that?

CH: Girls are expressing themselves and finding confidence

digitally. Instead of trying to censor or prevent girls from expressing themselves sexually online, they need to be themselves on this space.

TF: When we panic about girls' sexual expression online, it's rooted in a fear of girls' sexuality and position them as victims. There's a double standard where boys are celebrated for their sexual expression, and girls are feared and shamed. We see these policies and these campaigns that are trying to curb girls and discourage them, and it's highly problematic, especially when we make girls responsible. We then negate the role of the media or boys or the education system when it comes to actually addressing the real issues around sexual violence.

What role can parents play in supporting and educating girls?

CH: We need to listen more to girls — to meet them where they say their needs are. We met a lot of girls who complained there's still a lot of pressure on them to be a certain way, to look a certain way — to be popular and liked. It all comes back down to finding communities that are supportive of who you are, and finding ways to change the pressure.

What's your ultimate hope for this generation of girls and young women?

TF: I believe deeply that women have a really important role to play in co-creating the world.

CH: Girls can exercise their agencies to make change happen, and their conversations should be included and celebrated on the round tables of power. That's our goal. It means that we'll make the world better — and more inclusive.

TORSTAR NEWS SERVICE

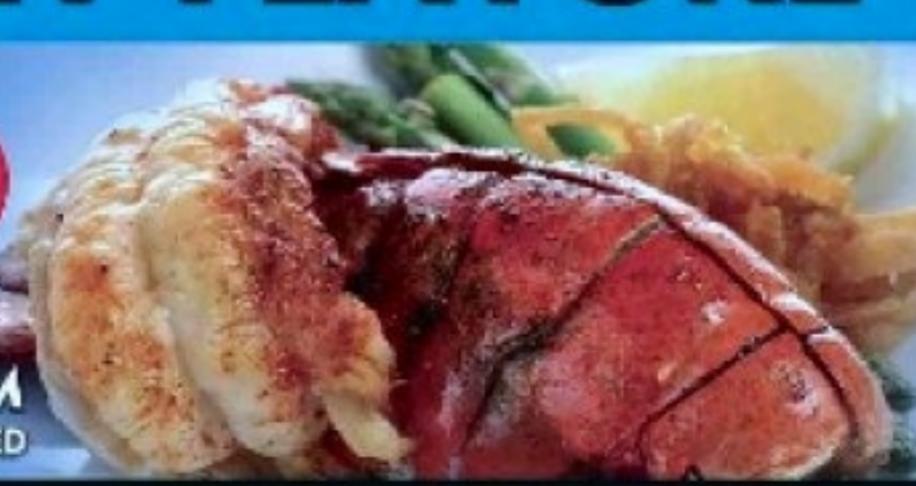
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Tired, fed up and dropping f-bombs

TREND

Self-help satire a sign of the changing times

Tidy up the sock drawer. De-clutter that pantry. Act like a lady, think like a man. Follow these laws of attraction. Learn the science of getting rich.

Self-help books have told readers how to act and how to live for decades. But a growing number of books in the genre are embracing a new, crasser strategy for self-improvement.

It's a counterintuitive self-help movement that has emerged in recent years, one that says you can get more out of caring less, or rather — to use the vulgar phrase — by "not giving a f-k."

"People are a little tired of being told what to do and how to live," says New York writer Sarah Knight, who quit her high-octane Manhattan publishing job in April and penned the bestselling *The Life-Changing Magic of Not Giving a F-k*, which has been translated into 12 languages.

She's not the only one to wield the four-letter word and embrace the crude philosophy. Among her self-help peers are bloggers Mark Manson (*The Subtle Art of Not Giving a F-k*, out Sept. 13), Stephen Parato (Kindle's *The Art of Not Giving a f-k* from 2014) and John Cooper (Kindle's *How to Not Give a F-k* from 2014), as



The authors of a new series of 'not give a f-k' self help books are pushing back at the culture of perfect Instagram selfies. iSTOCK

well as New York-based Canadian writer Jennifer McCartney with *The Joy of Leaving Your Sh-t All Over the Place*, released in May, which too upholds the "not giving a f-k" mantra.

The philosophy is simple: Care less about what others think and it is easier to pursue your passions, choose what to spend

your time on and to "live your best life," as Knight writes in her book. It's why she quit her job and now splits time between Brooklyn and the Dominican Republic.

"Not giving a f-k" has been a liberating call to action for Internet-savvy generations for years. Memes with images of relaxed or carefree people like Maria spinning through *The Sound of Music* hills captioned with phrases like "Look at all the f-ks I don't give," "And not a single f-k was given that day," and "zero f-ks given" have popularized the mentality online. The self-help books take that meme culture a step further, selling it as a lifestyle.

For Subtle Art author Manson, the mentality is also about embracing failure, that "the acceptance of one's negative experience

is itself a positive experience."

"Conventional self-help is always telling us there are no limitations — if you can think it you can do it," he says. He adds that positivity is the "bullsh-t" aspect of self-help that he sought to write an "antidote" for.

For McCartney and Knight, their brands of self-help are parodies of the popular de-cluttering manual *The Life-Changing Magic of Tidying Up* by Japanese organizing consultant Marie Kondo, a conventional self-help book that teaches readers the "KonMari method" of cleaning their unkempt closets.

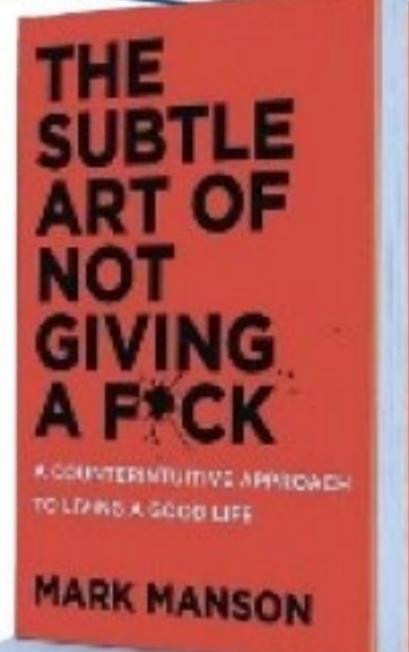
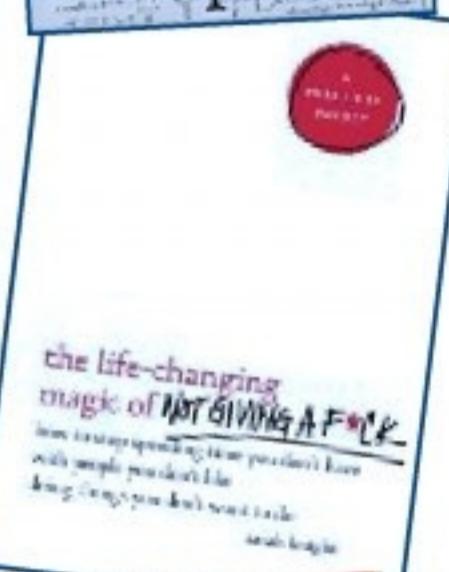
That tidy perfection, McCartney says, is part of a culture of Instagram selfies and personal branding that asks us to curate an attractive social media presence. "Everything today is

geared toward pretending your life is perfect or making it appear so," says McCartney, noting the cachet of having a popular Instagram account or home design blog. "Everything has to look beautiful and perfect and it's just such a sham."

Jenna Jacobson, a social media researcher at the University of Toronto, has seen a push away from that culture and toward one of authenticity on social media.

"These 'don't give a f-k' books are a response to the intense pressure of presenting an idealized personal brand," says Jacobson. More deeply, she says, they are a response to a time in which there is so much "precarious work" and many people can't afford not to "give a f-k." Because their livelihood depends on it, they have to give a lot of

the joy of leaving your sh*t all over the place



f-ks all the time, evenings and weekends, too.

"It's responding to a time when people are very busy," says Jacobson. "Wouldn't we all just love to not care and do what we want?"

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When math is used for 'evil'

INTERVIEW

Wall Street worker sounds alarm on algorithms



Genna Buck

Metro | Toronto

Lots of people like to whine about how little they use math in real life. But in real life, math is constantly using us — or at least, our data — and most of the time, we don't even know it.

A decade ago, American math professor Cathy O'Neil left her job in academia to become a "quant" at a hedge fund, a job she says made her feel dirty.

She realized that a silent technological revolution was going on deep in computer code. Sophisticated, often secret mathematical formulas, called algorithms, are making decisions about people's lives — from employment to teacher evaluation to how long your phone company keeps you on hold.

One particularly egregious example: recidivism scores. These mathematical models use personal and demographic data to predict how likely a convict is to re-offend. A higher score equals a longer sentence. But the data you feed the computer to get the score — like the crime rate in a person's neighbourhood, and whether they have friends and family with criminal records — varies widely by race and class.

Metro spoke to Cathy O'Neil about the "weapons of math destruction" she believes are threatening democracy and social equality.

Did you have a moment when you realized, "People are using math for evil ends"?

The light bulb moment was when this venture capitalist came to my company. He spoke about this vision of the future of advertising as this beautiful thing where people like him would get offers for trips to Aruba and he would never have to see another University of Phoenix ad (a for-profit college that's been sanctioned by the U.S. Justice Department for predatory recruitment practices), because that's not for people like him. When he said that, everyone laughed except me. I felt sick to my stomach.

Which "weapon of math destruction"

was most appalling to you?

The one that kept me up at night for weeks was the recidivism risk model in the justice system. People are being sent to prison for longer because they have higher scores, which we have every reason to believe are racist. You'd have someone who was born in the wrong place, and was therefore going to jail for longer, compared to someone who was born in the right place who'd done the exact same thing.

I can see how this would create a sort of snowball ...

It's a cycle that is actually creating its own reality. You get a higher-risk score, you get a longer prison sentence. Guess what? You no longer have connections to your community. You have a felony, which means you don't get a job, your credit score is shot; you're very, very desperate. And then you go back to jail.

Here's what I would like to see: Look at how much higher the recidivism scores are of poor black people who've committed a certain kind of crime, compared to rich people.

Then ask why. What is it about their situation that makes their score higher? If we thought about it that way, it wouldn't be "Your score's higher, so we're going to punish you." We'd say "Your score's higher, what's wrong with your situation that you can't get out of this loop?"

They're somehow expected to take responsibility for their score. In fact, all of these things are very much society-wide issues.

Is there a good way to use big data or is it just too blunt of an instrument?

Right now, it's too crude. But I personally am developing auditing tools to determine if an

algorithm is discriminatory. (A company) will be able to say they have a resume-sorting algorithm that has been tested — and it's not doubling down on people who are already discriminated against.

Is the problem that many people don't understand, or are scared of math?

It's like a blind faith. It's somewhere between faith

and intimidation. The people who know how to use math are in, like, a secret cult, and they like feeling magical. People who don't understand it never ask any questions because they feel like they're not smart enough.

Is there any point trying to keep our personal data out of big data?

I say this as an activist but

not somebody who's really being targeted: No. People who've had a constellation of bad luck are the least equipped to protect themselves. Imagine a world where rich well-off educated people with spare time get to protect their data, but everyone else doesn't. (Through policy) we have to protect the least well-off people. My data is fine.

“

I want individuals to feel they have the right to question algorithms that score them.

Cathy O'Neil

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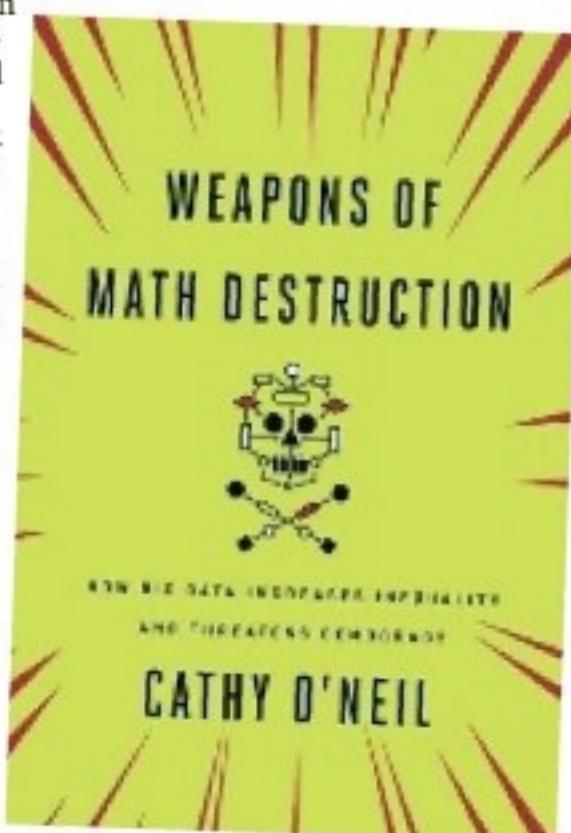
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JOHANNA SCHNELLER
WHAT I'M WATCHING

Yearning for episodes of One Mississippi



One Mississippi cannot yet be watched by Canadians.

CONTRIBUTED

THE SHOW: One Mississippi, Season 1, Episode 1 (Amazon)

THE MOMENT: The deadpan question

Comedian Tig Notaro, playing a version of herself, is living through a nightmare: recovering from breast cancer, suffering a virulent infection, and about to bury her mother in her Mississippi hometown.

She rides to the funeral with her touchy-feely girlfriend Brooke (Casey Wilson), her brother Remy (Noah Harpster), and her stepfather Bill (John Rothman) — the world's most literal man. ("You'll find him somewhere between room temperature and sleet," Tig says.)

Tig tells Remy that her eulogy "is the last thing I'll ever say to Mom."

"Well, it's not," Bill counters, "because she can't hear you, obviously. The last thing you said to her was probably something like, 'Okay,' or 'Bye.'"

"Thanks, Bill," Remy says, tongue in cheek.

"No, I know what Bill is trying to say," Brooke offers.

"Sometimes reality, even when it's imperfect, is more beautiful than anything we could imagine or write."

Tig regards Brooke. Perfect pause.

"Do you really think that's what Bill was saying?" she asks.

I love the concept of beshert: finding your other half, your "meant to be."

I feel this show, which premiered in the U.S. on September 9, from my dream team — co-writer Diablo Cody, producer Louis C.K., director Nicole Holofcener — may be mine.

But I ache, because Canadians cannot yet access Amazon Prime series.

We can, however, watch this pilot for free, and be tantalized by Notaro's deadpan hilarity. It's killing me that there are five more episodes, which I cannot touch.

I accept that yearning is part of love. But when will this heartache end?

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Full custody? Not so fast, say experts

ANALYSIS

Initial filing may have just been a message to Brad Pitt

In the global hubbub over the Brangelina divorce, Angelina Jolie Pitt's demand for sole physical custody of her six children with Brad Pitt has attracted its share of the attention. Yet experts say Jolie Pitt won't have the final say, and that Pitt and the couple's eldest son, Maddox, may even have a voice in custody arrangements.

Stacy Phillips, a veteran divorce attorney, called Jolie Pitt's request for sole physical custody a "wish list," one that could change as the divorce progresses. Phillips, like many, saw the request as a message to Pitt, although what the actress is trying to convey won't be known for some time, if ever.

Pitt has yet to file his legal response to Jolie Pitt's divorce petition, but each actor released statements Tuesday indicating their children were the priority. The pair has six children, ranging in ages from 8-year-old twins Knox and Vivienne to 15-year-old Maddox.

"It's not uncommon that a person would seek sole physical custody in their initial filing," said divorce lawyer Lori Howe. "That doesn't mean it is what they will end up seeking if they resolve the case through settlement or in a courtroom. ... She very well could change her mind as well. And there's nothing to stop her from doing that, despite having checked those boxes on her petition."

California law favours joint



California law favours joint custody of children and 15-year-old Maddox, seen here with his famous parents, may even get to weigh in on which parent he wants to live with.

THE ASSOCIATED PRESS

custody of children, and judges can generally consider the opinion of children who are 14 years or older about which parent they want to live with.

Divorce lawyers, however, say the couple can avoid placing their children in the middle of a divorce if they work out an agreement in private.

"The parents should be parents, as opposed to letting the children be the parents," said Phillips, an attorney in the Los Angeles office of Blank Rome LLP. "They didn't ask for this. They need to be kept as children."

Attorney Steven Mindel said in some instances, a judge may want to know the opinion of children younger than 14 years old, but in general, courts encourage parents to work out the custody arrangements without protracted legal fights.

"You generally don't want a

child testifying against a parent," Mindel said. "It's emotionally draining on the child."

Testimony doesn't have to be in a courtroom. It can be solicited by an attorney appointed to represent the child's interests, or can be done in a judge's chambers, if necessary, Mindel said.

If the actors get into a public custody fight, a judge might appoint an attorney for each of the Jolie-Pitt family's children. "If you do it strictly by the book, each child should have separate representation," said Maya Shulman, a divorce attorney who specializes in resolving difficult custody cases.

In most instances, Phillips, Shulman and Mindel said, parents will work out the arrangements behind the scenes. Pitt Jolie and Pitt have an incentive to do that, the lawyers said, because of their celebrity status.

Previous Hollywood breakups

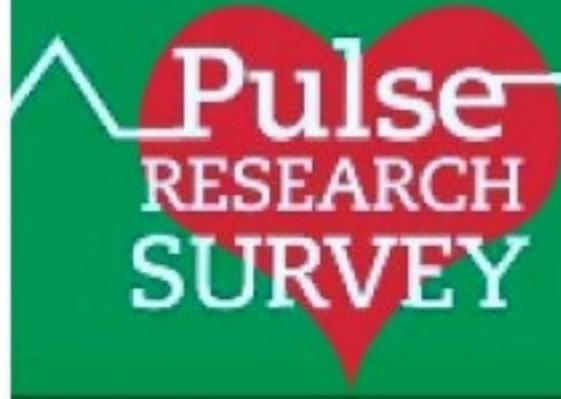
provide some insight into how quiet, and how ugly, custody fights can become.

Mel Gibson's divorce from his wife Robyn was quiet, with very few court hearings and very little attention after the actor's wife filed for divorce in April 2009. The pair has seven children, although only one was a minor when they divorced. It took nearly two-and-a-half years — with Gibson's very public custody fight with ex-girlfriend Oksana Grigorieva playing out in the middle of it — for the Gibsons to finalize their divorce.

Similarly, Maria Shriver's divorce from Arnold Schwarzenegger has remained out of the public eye for years. After an initial flurry of filings in July 2011, no public hearings or documents have been filed in the case. Their youngest child turns 19 next week.

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Project overview

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In the neighbourhood

Minutes from Tim Hortons, Starbucks, gas bars and retailers, these homes also boast the convenience of 130th Avenue's services and restaurants, which are a five-minute drive away. There are a number of schools, playgrounds, sports fields, pathways and a community centre in the neighbourhood.

Housing amenities

Balconies or patios, park views, customizable floor-plans with two- or three-bedroom options, attached garage options, spacious floorplans, tech spaces, basement development and so much more. There is a park across the street for the entire community to enjoy.

Location and transit

Located in Copperfield, Chalet enjoys all the benefits of an established community. Transit, schools, shopping, greenspace, ponds, a community centre, sports courts and other amenities are within moments. Major transportation routes, including 52nd Street and Stoney Trail, are in close proximity.

KRISTA SYLVESTER/FOR METRO

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REAL ESTATE

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3 PRE-SELLING

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Whether at home or school, chaos can be kept in check in a number of ways. PHOTOS DEBRA NOR-TON/FOR TORSTAR NEWS SERVICE

Create a space to stay organized

DIY PROJECT

Baskets, dry erase and cork boards can corral chaos

It's the time of year to get organized. You can create your own organizational hub for your family to share messages and to-do lists on a colourful dry erase board and a personalized corkboard.

All that's required is a little paint to turn a picture frame into a message board with a pop of colour to suit your decor. Use a dry erase marker to leave notes and reminders written on the glass, then easily erase with a cloth.

Hang the boards on a wall in an entryway, mud room

or over a desk to create a designated space for keeping organized. Add a tray to corral everyday items such as a bowl for keys, a letter sorter and a few little accessories to help control the clutter.

TRY IT

Step 1: Gather supplies

Ensure you use a picture frame with a glass insert rather than plastic or plexi glass for this project. A dry erase marker will easily wipe off glass.

You'll need:

- Frame with glass insert
- Foam-core or foam board
- Scissors or exacto knife
- Paint
- Paintbrush
- Corkboard
- Letter Stencil
- Dry erase markers
- Push pins

Step 2: Paint foam-core

Measure a piece of foam-core to fit snugly inside the picture frame, then paint it using the paintbrush.

Step 3: Personalize cork-board

Use a stencil and paint to personalize the corkboard with your family monogram, if you have one. Or get crazy, and make one up! Add special touches that suit your family's needs. We got started with a free printable calendar from Clementine Creative and a few push pins.

Step 4: Let the paint dry

Let the paint on the corkboard and foam core dry completely. When dry insert foam core inside the frame behind the glass.

TORSTAR NEWS SERVICE



RETAIL

Not feeling crafty? Buy it

These organizational boards are a lot less work to get up and running. Take note of these versions that are instantly ready to keep everyone on task.

1 Etch and Sketch Dry Erase Wall Decal Add a playful dry erase decal to a wall available in variety of fun designs including this retro Etch and Sketch version. (Etsy.com. \$59.98 / \$19.95 shipping. Ready to ship in 3-5 business days.)

2 Framed Dry Erase Board, Mint Green Pretty vintage inspired wood framed boards add an elegant old world style to your home while still being functional pieces to keep your home organized. (Etsy.com. \$252.20 / \$86.74 shipping. Ready to ship in 4 to 5 weeks.)

3 Peel and Stick Dry Erase Sheets Removable, repositionable dry erase wall sheets make it easy to create a space to keep your family organized. (Chapters.indigo.ca. \$20 / eligible for free shipping)

4 Build Your Own Daily System This versatile, modular system lets you build an organizational system for your wall to suit your needs. (Potterybarn.com. Prices vary depending on components — 3 pieces average approximately \$215 plus shipping)

5 Deer Head Notice-board Mount this deer head on your wall and pin reminders in a cool, modern style. (Etsy.com. \$43.95 / \$12 shipping. Ready to ship in 1 to 2 weeks.)

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GARDENING

Built-in plant decor, displays give rooms a relaxed vibe

Imagine stepping into a bathtub, and instead of bathroom tiles lining the wall next to you, there's a fresh vertical garden, lush with bright green ferns, lavender, baby's tears, mint and other fragrant plants.

San Francisco-based design studio Siol created just that a few years ago for one home.

Unusual ways to display indoor plants run the gamut, from built-in shelves and containers in and along walls, countertops or tables, to wall pockets and terrariums.

"Decorating with plants is still one of the easiest ways to make a home feel lived in and relaxed," said James Augustus Baggett, editor of Country Gardens magazine. "There are so many different ways that people can incorporate plants into a home's design."

For that living green bathroom wall, grow lights and a self-circulating drip water system were built into the 10-by-10-foot wall to promote indoor growth, said Siol co-owner and principal Jessica Weigley, 38. Lavender plants added a spa-like dash of aromatic beauty.

"We were joking that you could pick the lavender and put it into the bath with you," Weigley said. "Bringing nature indoors is huge. It still requires care and attention, like any other garden. It's just on your wall."

Of course, a full green wall is also incredibly pricy — it can cost customers at least \$10,000 US, at about \$100 to \$200 per square foot, Weigley said, because of its embedded



San Francisco-based integral design studio Siol Studios created this garden bathroom wall for a private residence. PAUL DYER PHOTOGRAPHY/SIOL STUDIOS VIA AP

lighting and watering system.

A much cheaper indoor-garden alternative is pockets made of various materials — including ceramic, glass, plastic, wood, metal and even macrame — that can hang directly on a wall and be filled with plants, said Baggett. They can run about \$20 to \$100 each.

Easy-to-care-for indoor plants include snake plants — also known as sansevierias — with long, pointy green leaves that reach upward; dark green, cast

iron plants; wall-crawling ivy; dangling spider plants; succulents, and foxtail ferns. Snake plants and cast iron plants, especially, require little light and watering. Bonsai trees, bay laurel trees and small fig trees can also be displayed indoors in both planters and partitioned floor areas padded with soil and rocks.

Those living in smaller homes can get creative: "Vertical gardening is the hottest trend for not a lot of space,"

said Baggett. "There's the floating shelf — a shelf that's just sticking out of the wall — and the half wall, a waist-high wall, with plants on top of it. Recessed wall niches are also popular."

Miniature gardens, from terrariums — landscapes in glass containers — to fairy gardens, have caught on for both space-conscious adults and fun-loving kids, he said.

What are fairy gardens? They're small, whimsical

sceneries decorated with itsy-bitsy figurines, houses, moss, milkweed pods, pine cones and tiny plants.

Kokedama, a Japanese plant art that means "moss ball" in English, involves forming a moss-covered ball of soil around the roots of a plant and wrapping it with twine. Suspending these moss balls as hanging plants is also a trend, Baggett added.

Those with a retro esthetic

in vintage tins and decorative pottery. Moulded fiberglass bullet planters, popular in the 1950s, have also been making a comeback. The size of an ice bucket, the planter is held aloft on a three-pronged stand.

"Plant stands are handy. You're raising those plants to eye level," said Baggett. "That pulls your eye around that room. It's the same way in an outdoor garden that people use colour to pull the eye around the garden." THE ASSOCIATED PRESS

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How to create a garden to fall for

GREENSPACE

Planting, pruning, composting are all key

Mark Cullen
For Torstar News Service

The kids are safely ensconced in school, but the yard and garden look neglected. Fear not: this is a great time of year to bring new life to your green spaces.

I am here to help.

Plant

I have planted most of my permanent gardens in the early fall. If you were a plant, you would understand: evening temperatures are dropping and there will be one last push of growth on most shrubs and evergreens.

Roses will put on one more show of colour before they go dormant. When you plant in September and early October, you introduce roots to soil at the ideal time of year. Trees, shrubs, evergreens and perennials put down new roots before the hard



It may be September, but there's plenty that can be done to keep a garden going into the fall. iSTOCK

frosts of late autumn.

Prune

Now is a great time to prune a cedar hedge (one of the most-asked questions on my website). It is easy to do with a sharp pair of garden shears.

A haircut now will encourage one last spurt of new growth that will fill the plants in nicely.

September is an excellent month to prune junipers, yews (*taxus*) and boxwood, as well.

Thicken and green up your lawn

After a long, dry summer your lawn may look tired and full of brown patches. To bring it back to life, apply a quality slow-release nitrogen product with

iron for best results now. Later in the fall, in late October or November, apply a quality fall lawn food to strengthen it for the winter season ahead.

While you're at it, overseed bare patches. Rake out dead grass, spread lawn soil or triple mix over the area about five to seven centimetres thick. Spread quality grass seed over the area

by hand, rake smoothly with a fan rake and step on it with flat-soled shoes to put the soil and seed in firm contact. Water thoroughly until germinated.

Dig and divide

Have a hosta that has outgrown its space? A monarda/bee balm that has moved where it is not wanted? The Shasta daisies that are pushing up where they don't belong? Dig them up now, divide them into smaller portions and replant them around the yard. Or give them away to friends and neighbours. On the other hand, there are many "perennial plant exchanges" in every community: why not take part? Trade in your unwanted perennials for some new, better behaved ones. Check out community events at your local library or horticultural club. Note: when replanting divisions, prepare the soil well with plenty of compost and water them well.

Compost

Speaking of compost, this is compost season. If you don't have a composting unit, consider buying or building one. If you do have one, empty it onto existing soil in your garden where earth-

worms will make a meal of it and leave behind nitrogen-rich castings. Or you can turn it under with a shovel, if you are feeling ambitious. When you place raw material, such as kitchen scraps and soft-tissue yard waste into your composting unit, mix it up and add some composted cattle manure to introduce beneficial bacteria and microbes.

Reflect

While our gardens peaked about a month ago, there is still a lot of colour out there to enjoy. Walk around your neighbourhood, local parks and public gardens and observe what is going on there. Are there plants that appeal to you? Garden design concepts? Unusual trees or shrubs? If you want to take this further, I encourage you to call a garden designer this time of year. They are generally not as busy now as they were in the spring and have more time to focus on your ideas and questions about your garden.

Mark Cullen is an expert gardener, Order of Canada recipient, author and broadcaster. Get his free monthly newsletter at markcullen.com. Follow him on Twitter @MarkCullen4 and on Facebook.



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CONDOLIFE



MAKE SURE YOUR HARDWOOD IS INSTALLED RIGHT

When you're choosing new flooring for your condo, hardwood has a classic look you'll love for years. But how it's installed makes all the difference, according to Sandy Sangster, owner of Calgary Flooring Designs, a provider of high-quality flooring options in Calgary.

"When you're renovating and you want hardwood, make sure you work with experts," she advises.

The Calgary Flooring Designs team works with clients from product selection through to

final installation to make sure they get a floor that they love. "When people come into our store looking for hardwood, we have a huge array of species, styles and colours they can choose from," says Sangster.

Once you've placed your order and requested installation, the professional installation team will go into your home to take pictures and measurements of the area where the flooring will be installed.

"We'll do a test on your existing floor before we

install," Sangster explains. "The new hardwood needs to acclimatize to the moisture level in your home before we put it in."

For clients who are looking for lower-maintenance flooring, engineered hardwood looks great and doesn't need as much acclimatization.

Luxury vinyl plank and luxury vinyl tile are two other options that don't need any acclimatization at all, and can often be installed within the week that you order. "No matter what flooring you choose, we'll ensure it's installed properly," says Sangster.

Almost too nice to walk on...



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SPORTS

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MacKinnon gives young team a shot to advance

WORLD CUP OF HOCKEY

North America beats Sweden in overtime

When Nathan MacKinnon deked Henrik Lundqvist out for a highlight-reel overtime goal and got mobbed by teammates, he couldn't be happier.

Minutes later, MacKinnon found out that the 4-3 victory over Sweden on Wednesday wasn't enough to get Team North America into the semifinals at the World Cup of Hockey. The most exciting show on ice has two victories and a one-goal loss but needs Finland to beat Russia on Thursday to advance.

"Honestly when I scored I thought we were in, maybe we shouldn't have (celebrated) so hard," said MacKinnon. "We gave ourselves a chance, it'll be stressful tomorrow but we have faith in the Finns."

Everything the 23-and-under Team North America does is over the top, most importantly the skill that has made it the focus of the World Cup. Despite playing the two most entertaining games of the tournament, North America is in wait-and-see mode while Sweden is the

winner of Group B after getting the point it needed.

Henrik Lundqvist stopped 45 of 49 shots to get Sweden into the semifinals after a horrendous start by the skaters in front of him.

"We gave him a rough start," said two-time Norris Trophy winner Erik Karlsson, who fell victim to the speed of North America's Connor McDavid and Johnny Gaudreau early. "As a goaltender, I don't think I can even imagine how it feels to be that kind of left alone and let in two quick goals. How we can rebound from that I have no idea."

Auston Matthews scored on a 2-on-1 with McDavid 30 seconds in, and Vincent Trocheck made it 2-0 North America 95 seconds in. Lundqvist stopped a few breakaways and Gaudreau's penalty shot to keep it from getting out of hand.

Sweden eventually got a handle on North America's blazing speed, which made the best defence in the tournament look pedestrian.

"We had no choice. We had to. Otherwise it was going to be a disaster," Karlsson said. "They gave us a slap in the face right away."

North America is one big slap in the face to unsuspecting op-



Team North America celebrates a 4-3 overtime win over Sweden on a goal by Nathan MacKinnon on Wednesday. BRUCE BENNETT/GETTY IMAGES

4
N. AMERICA

3
SWEDEN

WEDNESDAY In Toronto

ponents, who know how fast the mix of U.S. and Canadian players is but can't possibly adjust to it before seeing it. Gaudreau later scored for North America, but Sweden got goals from Filip

Forsberg, Nicklas Backstrom and Patrik Berglund to get to overtime.

With starting goalie Matt Murray out with a thumb injury, John Gibson stopped 35 of

the 38 shots he faced. He looked shaky at times but stopped Daniel Sedin on a breakaway in overtime as one of a few memorable, important saves.

THE ASSOCIATED PRESS

Canada emerges as the top dog

Jonathan Toews scored a pair of goals and added an assist as Team Canada easily rolled past Europe 4-1 on Wednesday evening in their final preliminary-round game of the World Cup of Hockey.

Canada clinched Group A with the victory and will face either Team North America or Russia in the first semifinal on Saturday night.

Sidney Crosby and Logan Couture also scored and Corey Crawford made 19 saves.

WEDNESDAY In Toronto

4
CANADA

1
EUROPE

Marian Hossa scored the only goal for Europe and Jaroslav Halak stood tall with 42 stops.

Heavy favourites entering the tournament, Canada has met expectations thus far, stomping three foes en route to the semis. They outscored the Czechs, Americans and Europeans by a combined 14-3, trailing only once and for less than two minutes. All but two players have produced at least a point, led by Crosby and Matt Duchene with four points apiece.

Canada outshot Europe 46-19, holding the lead for at least 50 minutes in each of the first three games. THE CANADIAN PRESS

MLB

Unpaid overtime: Jays handed loss in 12th inning



The Mariners congratulate Robinson Cano on driving in the winning run against the Blue Jays. OTTO GREULE JR/GETTY IMAGES

Robinson Cano finally quieted the sea of blue-clad Toronto fans that had turned Safeco Field into a home environment for the Blue Jays.

Cano delivered a sacrifice fly in the 12th inning as the Seattle Mariners avoided a sweep with a 2-1 victory over Toronto on Wednesday, preventing the Blue Jays from extending their wild-card lead.

The Mariners won for the second time in six games to remain on the edge of the playoff chase. Knuckleballer R.A. Dickey (10-15), who pitched five score-

WEDNESDAY In Seattle

2
MARINERS

1
BLUEJAYS

less innings in his last start on Friday, came in on the 12th for his first relief appearance after 29 starts.

Guillermo Heredia reached on a two-base throwing error by third baseman Josh Donaldson to open the 12th. Ben Gamel followed with an attempted sac-

rifice bunt, and first baseman Ryan Goins appeared to throw out Heredia at third, but the ball popped out of Donaldson's glove on the tag. Cano then followed with a run-scoring fly to left.

"It was just one of those things where we made a couple mistakes and that generally happens most times in extra-inning games," Toronto manager John Gibbons said.

After being blanked on two hits for eight innings, the Blue Jays tied it in the ninth on Jose Bautista's 19th home run.

THE ASSOCIATED PRESS

IN BALTIMORE

Red Sox win 7th straight

The Boston Red Sox scored five unearned runs in the sixth inning after a throwing error by first baseman Chris Davis and beat the Baltimore Orioles 5-1 on Wednesday night to pad their lead in the AL East.

Andrew Benintendi hit a three-run homer for the Red Sox, who will seek to complete a four-game sweep on Thursday night. Boston pulled five games ahead of Toronto and six in front of Baltimore with 10 games remaining.

Showtime in Steel City

NFL

Roethlisberger not lacking in options in Pittsburgh

Ben Roethlisberger might not just be at the controls of the NFL's most dynamic offence, but perhaps its most democratic.

When the Pittsburgh Steelers quarterback is in the pocket — and sometimes when he's not — he doesn't do a quick rundown of each option's résumé.

He searches for the best matchup and he fires. That's pretty much it.

"I've been in the league long enough to know every single receiver is open on every single play," Roethlisberger said with a laugh.

Even when they're not, though that hasn't been the case often during Pittsburgh's 2-0 start, a testament to Roethlisberger's rising confidence in what may be the league's best set of weapons even with Martavis Bryant sitting out the

INJURY UPDATES

Bad news for Vikings' AP

Adrian Peterson will have surgery on his right knee to repair a torn meniscus, putting his season and perhaps his 10-year run with Minnesota in question.

Pats' Garoppolo doubtful for Texans clash

Patriots quarterback Jimmy Garoppolo is listed as doubtful heading into Thursday night's game against the Houston Texans.

entire season because of a violation of the NFL's substance abuse policy.

The proof is in the box score. Roethlisberger spread his 19 completions in last Sunday's 24-16 win over Cincinnati to nine players.

When the Bengals made it clear their focus was slowing down the seemingly unstoppable Antonio Brown, Roethlisberger stretched the field by



Sammie Coates had 97 yards on just two receptions on Sunday. JARED WICKERHAM/THE ASSOCIATED PRESS

going deep to Sammie Coates and having six-foot-seven Jesse James and 6-4 Xavier Grimble basically posting up in the red zone.

Even backup running back Fitzgerald Toussaint and blocking tight end David Johnson got at least one ball their way.

"Are they going to get their yards? Yeah they're going to

get their yards," said Philadelphia coach Doug Pederson, whose team hosts Pittsburgh on Sunday.

"They're too good not to get them and Ben's too good to not get the ball to them. He's utilizing a lot of those guys and he's getting the ball out of his hands fast."

And to think Markus Whea-

ton — the No. 2 receiver — hasn't played a snap yet while nursing a sprained shoulder and Le'Veon Bell is out one more week while serving a drug suspension.

"Everybody's got a different aspect they bring to the game," Coates said. "That's what's so good about our group."

THE ASSOCIATED PRESS

IN BRIEF

Injury to sideline Messi

Barcelona lost Lionel Messi to injury and a chance to beat a title rival on Wednesday, when it was held to a 1-1 draw by Atletico Madrid in the Spanish league.

Messi gingerly walked off the Camp Nou pitch in the 58th minute, just moments before Atletico substitutes Angel Correa and Fernando Torres went on and linked up to equalize.

The defending champions said Messi will be sidelined for three weeks with a groin strain.

THE ASSOCIATED PRESS

United sets up League Cup Manchester derby

Manchester United ended a run of three straight losses by capitalizing on two goalkeeper mistakes to beat third-tier Northampton 3-1 in the third round of the League Cup on Wednesday.

The reward wasn't kind for United: A match against Manchester City in the last 16 next month.

THE ASSOCIATED PRESS

Bosh: I had multiple clots

Chris Bosh was dealing with more than one blood clot earlier this year, and said Wednesday that he felt written off when Miami Heat team doctors advised him the situation would likely be career-ending.

It's the first time Bosh has said there was more than one known clot that was found in his calf in February.

THE ASSOCIATED PRESS

RACE RELATIONS

Newton calls for accountability in North Carolina

While Cam Newton called the latest police shooting in Charlotte, N.C., "embarrassing," the Carolina Panthers quarterback says he's not rushing to any judgments until he has more information.

The league MVP did have some strong comments Wednesday about social injustice and the African-American community.

"My big thing is holding people accountable no matter what the race, no matter what

the gender is, no matter what the age is," Newton said Wednesday.

Keith Lamont Scott, a 43-year-old African-American man, was shot and killed Tuesday by a black police officer, sparking a violent protest early Wednesday

morning about 15 miles from the team's stadium. More than a dozen police officers were injured during the protest. There also was vandalism to police vehicles and looting.

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We also as black people have to do right by ourselves.

Cam Newton

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RECIPE Black Bean Burger



PHOTO: MAYA VISNIĆ

Ceri Marsh & Laura Keogh
For Metro Canada

We love this recipe for two main reasons: it uses the pantry staple of a can of black beans and it's full of flavour. OK, one more reason: It's fast.

Ready in 20 minutes
Prep time: 10 minutes
Cook time: 10 minutes
Serves 4

Ingredients

- 2 x 14 oz cans of black beans, rinsed
- 1/4 cup of panko or regular bread crumbs
- 2 tsp cumin
- 1 tsp dried oregano
- 1/4 tsp cayenne
- 1 egg
- 1/4 cup fresh cilantro
- 3 Tbsp oil

Directions

1. Place 1 can of beans, panko, cumin, oregano, cayenne and egg into a blender. Pulse it together until it forms a goopy paste.
2. Empty the blender contents into a bowl. Stir in the other can of beans and the cilantro. Use your hands to form into patties. Don't make them too big or you'll have hard time with flipping.
3. Heat oil in a pan to medium then gently place patties in. Cook for 5 minutes — without touching! — then carefully flip with a thin, flexible spatula. Cook for another 5 minutes on the other side. Serve on a bun with your favourite toppings, like tomato, avocado, lettuce, salsa, spicy mayo.

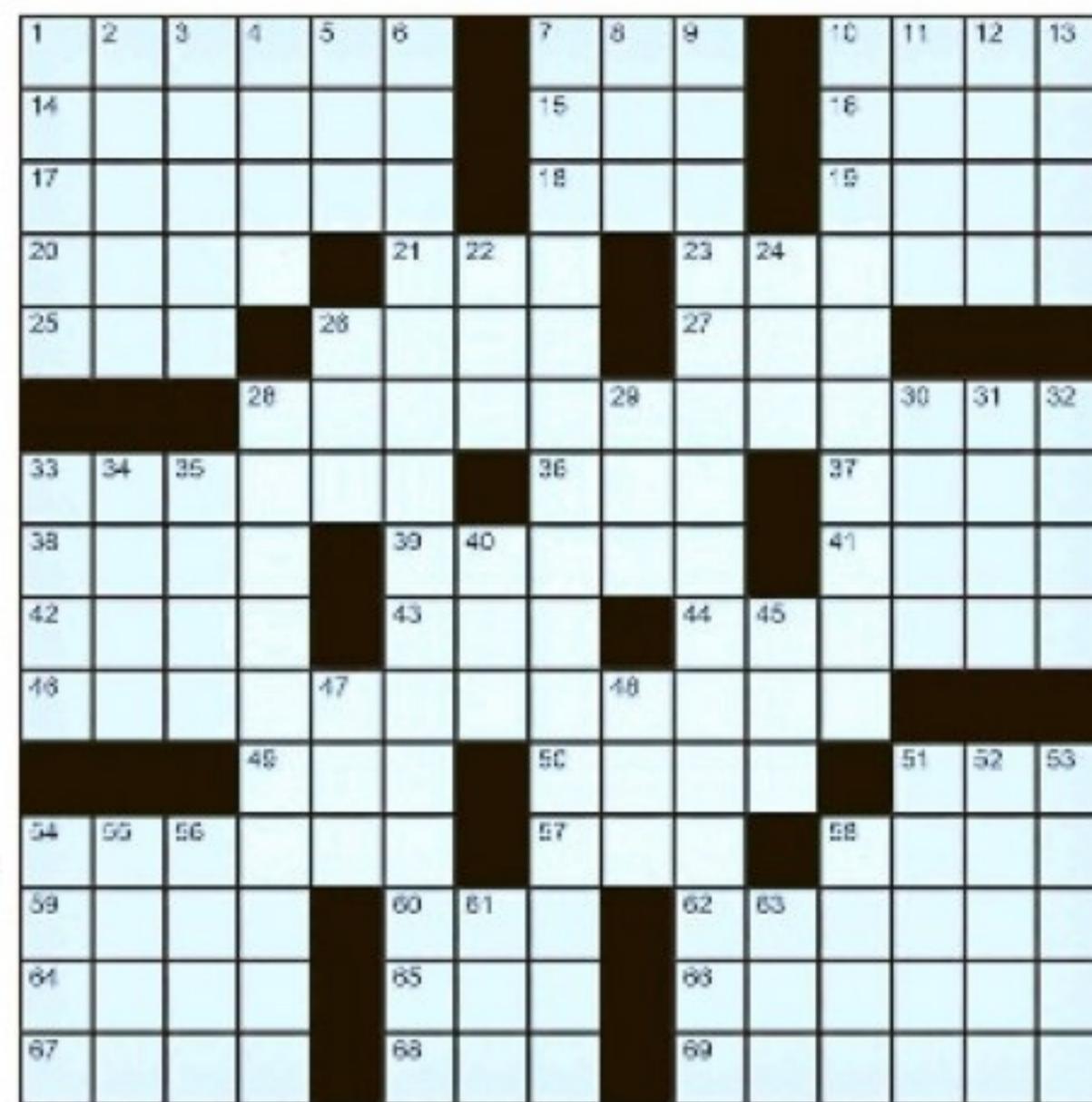
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. "All She Wrote" up-and-coming Canadian brothers country duo
7. Image filename extension
10. Fizzing-out sound...
14. Town in Ontario's York Region
15. Irish actor Stephen
16. Hawaii: All-vowels locale on Oahu
17. Snowshoe remnants
18. "Hmmm...", Brit-style
19. Pan brand
20. Mr. Cruise's
21. Affiliation
23. Barry Manilow's "___ the Songs"
25. Web connector [abbr.]
26. Country singer Faith
27. Singer Mr. Sayer
28. University of Toronto teams name: 2 wds.
33. "This is how to do it...": 2 wds.
36. Alphabetic trio
37. Purge
38. Power [abbr.]
39. "Push It" by Salt-__
41. O__ (Canadian actress Catherine)
42. Taj Mahal's site
43. Lay the yard's rolls
44. Neptune moon
46. Item on a having-a-big-breakfast table: 2 wds.
49. Movie franchise number
50. Barbershop service
51. Hailed ride
54. "___ Be the Day" by The Crickets
57. Cape Town's home [acronym]
58. Angela's mom on "Who's the Boss?"
59. Do, ___
60. Papua New Guinea seaport
62. "Mad About You" star Paul
64. Marie-Francoise's friend
65. Dutch city
66. Meg Ryan to Tom Hanks, in movies
67. Pea 'packages'
68. Permanent skin drawing, hip-style
69. It separates Haida Gwaii and mainland BC, ___ Strait
70. Broadway star
71. Ms. LuPone
72. Overseas moneys
73. "Lady and the ___" (1955)
74. Mythological flyers
75. Gall
76. Hardy kitchen pan: 3 wds.
77. Lovely sight in a quaint neighbour-



8. Suffix with 'Hotel'
9. Ottawa-born star Lorne Greene's character of Ben Cartwright on "Bonanza": 2 wds.
10. Canada vessels project... AOPS = Arctic/Offshore ___
11. Minnie Mouse's pet dog
12. Achievement
13. Story
22. Elles opposites
24. Network
26. Owns
28. Truthfulness
29. Pinnacle
30. "I got ___." (When the morning riser rose)
31. Architect Mr. Saarinen
32. Beautiful bird
33. Ballet bounce
34. Ms. Swenson of "Benson"
35. Jerome of stage shows
40. 'P' in literary monogram EAP
45. ___ and Coke
47. Be out of sorts
48. Calendar spans [abbr.]
51. Rica
52. Keep ___ home (Regularly tidy the house)
53. Ballet class
54. Handrail
55. Prefix with 'globin'
56. In the crowd
58. Assorted [abbr.]
61. US teeth
63. Fair-hiring letters

*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
In the next four weeks, you will need more sleep. This also is a good time to learn more about your style of relating to those who are closest to you.

Taurus April 21 - May 21
Do whatever you can to get better organized in the next four weeks, because you want to be efficient, productive and effective in everything you do. This is your plan.

Gemini May 22 - June 21
Grab every opportunity to take a vacation or play in the next few weeks. Enjoy lighthearted times with children, sports events and the arts.

Cancer June 22 - July 23
Home and family will be your primary focus in the month ahead. Redecorating projects will particularly appeal.

Leo July 24 - Aug. 23
Short trips, increased reading and writing plus conversations with siblings and relatives will characterize the next month. You'll be busy!

Virgo Aug. 24 - Sept. 23
Think of ways to boost your income in the next month, because you will certainly do this now and in the next two years. Ideas? Write them down.

Libra Sept. 24 - Oct. 23
During the next four weeks, you have a chance to recharge your batteries for the rest of the year. You also will attract important people and favorable situations to you.

Scorpio Oct. 24 - Nov. 22
Start to plan what you want your new year (birthday to birthday) to be all about. You have one month to do this. Write down some goals with deadlines.

Sagittarius Nov. 23 - Dec. 21
Enjoy increased popularity in the next few weeks while you schmooze with friends. Many of you will join clubs, groups and associations as well.

Capricorn Dec. 22 - Jan. 20
This is the one time of year when you look really great to your bosses. Use the next four weeks to demand the advantage and get permission for something you want to do.

Aquarius Jan. 21 - Feb. 19
Take advantage of any opportunity to travel or get further training and education during the next four weeks, because you want to expand your world! Go, go, go!

Pisces Feb. 20 - March 20
Do what you can to wrap up loose details about inheritances and shared property in the next few weeks. You will accomplish this quite easily.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	3		2	4	6
1			9	8	
		7	8	5	
	9	1			
4	2	3			
	6	2			9
7	4				
8	1	6		7	

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